

# Getting Funded / What do NIHR Want? : A Researcher's Perspective

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# *Is there a clinical evidence gap?*

Does the NHS *need* to know the answer to this question?

Is the gap clearly articulated for the non-expert reader?

Are the public, clinical and financial benefits clear?

Are the group aware of *all* relevant research?

# *Will the research address national / international inequalities?*

Will the outcomes match international outcomes in e.g. mortality, morbidity, social exclusion, poverty

e.g. 27% risk social exclusion, 23% pop, 16% Netherlands

Improve international comparison

Draw learning from local variation

multi-centre?

# *Is the economic argument compelling?*

What is the cost argument, based on published research?

What is the size of the problem?

How much will the research and future delivery cost?

# Programme Grant for Applied Research

IMPACT.

1. PUMP: Cohort study of physical health & substance use for a year after a first episode of psychosis

2. IMPaCT Health Promotion Intervention

3. RCT of IMPaCT Intervention

# The EYE project: RfPB funded

1. Qualitative study of Barriers/Facilitators to engagement in Early Intervention in Psychosis services

2. Delphi study to translate into Early Youth Engagement (EYE) model

3. Pilot test of impact on engagement



*Will the research improve systems to address the know-do gap?*

Translational research

Potential impact / speed of impact

Improve outcomes at individual level

# *Uptake & Implementation of CBTp RfPB funded*

Psychosis symptoms persist in 40% (240,000 service- users).

Significant distress /considerable NHS cost (estimated at 6.7 Billion).

CBTp only recommended individual therapy but fewer than 20% receive it and 94% of NHS trusts struggle to deliver it.

CBTp implementation a national and local priority.

Little is known about personal barriers to uptake/implementation.

Aim to develop and test pre-CBT 'informed choice' interventions to promote uptake and implementation

Mixed methods, multi-site, swift transition to a multi-centre RCT.



Relevance

Involvement  
ppi

Quality/  
feasibility  
Of Design

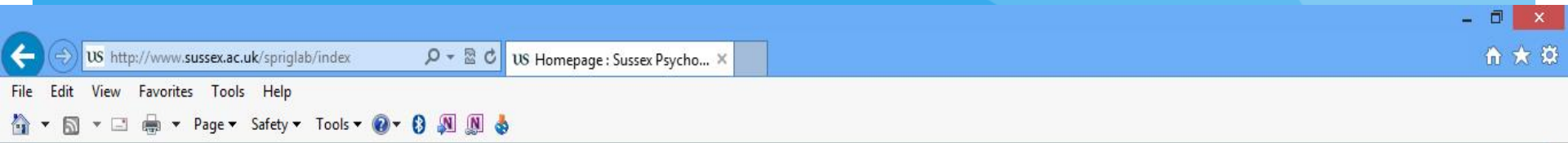
Review Process  
And which  
reviewers?

Impact /  
disseminati  
on

Strength of  
Team

Value  
(for money)

# Sussex Psychosis Research interest Group - SPRiG



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### Welcome to SPRiG

The Sussex Psychosis Research interest Group (SPRiG) incorporates clinical and academic researchers within the [University of Sussex](#), [Brighton and Sussex Medical School](#) and [Sussex Partnership NHS Foundation Trust](#). The SPRiG group is part of the [Clinical and Developmental research group at the University of Sussex](#).

#### Contact

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