

JOB TITLE: Core Trainee in Rehabilitation and Recovery, Assertive Outreach and Continuing Care Psychiatry (CT1-3)

DIRECTORATE: Working Age Mental Health Services

REPORTS TO: Dr Claire Tanner Consultant Psychiatrist

RESPONSIBLE TO: Lead Clinician and Executive Director, WAMHS

PAY BAND:

LOCATION: Bedale Centre, Bognor Regis and Connolly House, Chichester

HOURS OF WORK: F/T

ON CALL RESPONSIBILITY: Yes

DISCLOSURE REQUIRED: Yes

JOB OUTLINE:

These are well functioning services with a good multidisciplinary mix who “team work” to support people with chronic severe psychotic mental illness. This job gives an almost unparalleled opportunity to see people with schizophrenia in a multitude of settings, community, acute ward, rehab ward, long stay and in their own homes. It will enable the post holder to see the whole range of the presentation of schizophrenia from very settled and in employment to the most unwell and needing 24 hour nursing care.

The medical members of the team include

Dr Tanner Consultant	1 wte
Job sharing Associate Specialists	1 wte
Usually a ST4-6	1 wte
Post holder	1 wte

Rehabilitation and Recovery

The philosophy of the Rehabilitation services as a whole is one of empowerment for the individual, aiming to establish a partnership with patients so that they can make informed decisions about the management of their illness. We aim to increase patient autonomy by giving them the personal resources to live as independent a life as possible. The rehabilitation team operates out of a purpose-built 15 bedded rehabilitation inpatient support unit for very complex patients, often with substance misuse and / or forensic issues. The service is on the Trust’s psychosis pathway.

Assertive Outreach

This team offers intensive support to patients with severe and enduring mental illness, who have a history of multiple admissions increased risk and poor engagement with services. The caseload includes people with severe psychotic mental illness often treatment resistant, and frequently complicated by forensic and substance abuse problems. They offer weekend support aiming to maximise patient satisfaction and wellness, and reduce hospital admissions. The team have a strictly limited caseload and criteria for entry and discharge from the service

Teaching

There is ample opportunity for formal and informal teaching of more junior trainees and medical students. Most post holders will be involved in Royal College exams. There is active teaching and exam preparation from Dr Tanner and the other senior doctors in the firm

MAIN DUTIES: Sample Timetable

	MON	TUES	WED	THURS	FRI
AM	REHAB UNIT WARD REVIEWS	O/P CLINIC WITH CONSULTANT	REHAB WARD REVIEW CONNOLLY HOUSE	AOT VISITS	AOT VISITS
PM	REHAB WARD WORK CONNOLLY HOUSE	BALINT GROUP- Lunchtimes. WARD WORK/AOT WORK	ON SITE EDUCATION/ OPPORTUNI TIES TO PARTICIPAT E IN ACADEMIC PROGRAMM E	AOT TEAM SUPERVISIO N ONCE A MONTH ASSERTIVE OUTREACH OR OFF SITE EDUCATION	ADMIN

There is an AOT clinical meeting every lunch time for the daily clinical update at 12pm which trainees are welcome to attend.

Objectives of Placement

To have a high degree of familiarity with the pharmacological management of severe and treatment resistant psychotic disorder.

To understand the nature of severe and enduring psychotic mental illness and to use a biopsychosocial model to empower people to live as independent a life as possible.

To understand the use of appropriate rating scales and their use in managing long term mental health problems

To understand the role of the different disciplines in the multi disciplinary team

To learn to help people across what is often a lifetime struggle and to appreciate the different approaches that may be needed at different phases of their illness

To increase familiarity with the use of the Mental Health Act, particularly Community Treatment Orders.

To improve risk assessment and to use positive risk management strategies in very complex cases where certainty is hard to find.

To understand the use of appropriate rating scales in managing long term mental health problems

To increase competence and confidence in the pharmacological and psychosocial management of complex treatment and Clozapine resistant cases.