

## **JOB DESCRIPTION FOR HIGHER TRAINING POST AT ATS St Mary's House SOAMHS**

### ***Type of post and name of employing trust:***

It is a full time post for higher trainees on Old Age Psychiatry rotation with KSS Deanery. Sussex Partnership NHS Foundation Trust

### ***Clinical supervisors***

Dr Mokhtar Isaac Consultant Old Age Psychiatrist, Clinical Lead for SOAMH and Clinical Director Adult Service, East Sussex CDS. St Mary's House, 52 St Leonards Road, Eastbourne BN21 3UU

Dr Seema Azim, Consultant Old Age Psychiatrist, St Mary's House, 52 St Leonards Road, Eastbourne BN21 3UU

### ***Educational supervisor***

Dr Mokhtar Isaac Consultant Old Age Psychiatrist, Clinical Lead for SOAMH and Clinical Director Adult Service, East Sussex CDS

### ***Roles and responsibilities of the trainee***

This post offers the opportunity to obtain training in the core skills required for consultant in all aspects of Old Age Psychiatry. The post also offers flexibility to the trainees seeking experience in Community Old Age Psychiatry and Medical Management. The trainee can arrange with the educational supervisor to take active part in running out patient clinics, CPA reviews, DVs and MHACT and MCACT work.

The post offers the opportunity to gain experience in the assessment and treatment of older adult with functional and organic mental illness. This involves working in Assessment and Treatment service with the MDT under the supervision of Drs Isaac and Dr Azim. There is an emphasis on multidisciplinary team working. The higher trainee is expected to participate in multidisciplinary team meetings, CPAs, DVs and team development and educational activities. The educational supervisor offers weekly supervision sessions and provides support to ensure that the trainee develops appropriate skills. There are plenty of opportunities for carrying out assessments in the community and in care homes. The area is well known for high proportion of elderly and old elderly population with significant number of various care homes.

There is also the opportunity to gain experience of managing patients who are in the community under the provisions of Community Treatment order Mental Health Act. There are opportunities to participate in management activities including attendance at East Sussex CDS Board, meeting with commissioners, Trust Board, Trust quality and performance meetings and multi-agencies meeting for East Sussex integration programme.

### ***General information***

Adult Mental Health Services are provided within functional teams across Assessment and Treatment Centres (ATC) and Acute Care Centres. The division of East Sussex comprise of three localities: Eastbourne, Hailsham & Seaford ATC; High Weald Havens and Lewes ATC and Hastings & Rother ATC. This post is within

Eastbourne, Hailsham & Seaford ATC

The ATC's consists of a new and emerging service model made up of former recovery services for working age adult mental health and older persons mental health teams operating across two service teams locality wide: The Assessment and Treatment team, and the Recovery Well-being team. The Assessment and treatment team is staffed by specialist mental health practitioners including nurses, occupational therapist, psychologists and doctors. The Recovery and Well-being team is comprised of mental health nurses and Support Time Recovery Workers (STR) that function as care coordinators. The medical team works across both services.

The ATC has strong links with acute services -including inpatient and CRHT- through a link nurse.

Patient seen under the ATC are those who have secondary mental health needs which cannot be met from the primary care mental health service –locally provided by the IAPT service called Health in Mind. There is a strong emphasis on Partnership working with multiple agencies including Vocational Services.

The total population for East Sussex is approximately 300,000.

### ***Admin Support***

The Assessment and Treatment Service at St Mary's House where the team is based operates a hot desk policy. The trainee will have their designated workspace. For all clinical work, supervision, case discussion, meeting with colleagues, other professionals or families, bookable rooms with access to IT and communication technology are available and booked in advance within the team base at St Mary's House. Regular clinics and meetings are block booked in advance by the admin team. The trainee will have a personal computer and access to a laptop for use in other locations if necessary. If desired, virtual personal network (VPN) for home use can be arranged.

The trainee will have administrative support to ensure that letters and reports are typed up and sent out within the time limits agreed between the provider organisation and commissioners. Trainee will have support from the dedicated admin to the consultants and also access to the team admin.

### ***On-call Rota***

Trainees participate in the Eastbourne on-call Rota. This involves being third on-call once a week. Generally a trainee can pick a day (for instance Monday) and then be on-call on that day every week. There is a junior trainee (ST1-3 or GP trainee) responsible for patients in hospital and a staff grade doctor who looks after the community elderly placements as well as the forensic units. The higher trainees essentially take the place of the consultant who would be on call, though the consultant is always available for support.

### ***Academic activities***

There is an internal academic programme which takes place every Wednesday afternoon at Eastbourne Department of psychiatry where there are opportunities to present a Journal club, case conferences and to give and to attend lectures. The emphasis is on all trainees and consultants to attend. There are also peer group meetings at the department of psychiatry. There is an active audit programme and potential for research. Locally there is a very active research unit and we have very good

links with BSMS and the Centre for dementia studies. Prof S Banerjee and Dr N Tabet lead number of research projects in old age psychiatry. Dr Isaac is involved in research projects and would support the trainee to take part.

### **Supervision**

In addition to clinical supervision there will be one hour minimum of timetabled personal supervision from the Dr Isaac every week.

### **Time Table**

Monday	Tuesday	Wednesday	Thursday	Friday
Research, audit and special interest /teaching IL8 IL16, IL5 IL8 IL14 IL15 IL17 IL19	Team meeting and DVs IL1 IL2 IL3 IL4 IL7 IL14 IL15 IL17 IL19	Governance/appraisal and urgent reviews IL1 IL2 IL3 IL4 IL7 IL14 IL15 IL17 IL19	CPA reviews/ complex case discussions IL1 IL2 IL3 IL4 IL7 IL14 IL15 IL17 IL19	Care Home visits IL1 IL2 IL3 IL4 IL7 IL14 IL15 IL17 IL19
Research, audit and special interest/ teaching IL8 IL16, IL5 IL8 IL14 IL15 IL17 IL19	Outpatient clinics IL1 IL2 IL3 IL4 IL7 IL14 IL15 IL17 IL19	In house Post Grad Teaching and Balint Group IL5 IL8 IL14 IL15 IL17 IL19	Admin/Community Work IL10 IL11 IL16 IL19	Supervision IL10 IL11 IL14 IL16 IL19

### **Curriculum mapping:**

IL1 - specialist assessment and recording – there is a high caseload in the community team and the HST is an integral part of the MDT undertaking these duties

IL2 – formulation and differential diagnosis – there is high numbers of patients new referrals and in case load. The trainee has a key role in formulation and decision making and is encouraged to engage with external services

IL3 – recommendation of relevant investigation and treatment – there is a strong emphasis on baseline health monitoring and health improvement as a priority and ensuring active steps are taken to provide any specialist interventions. Trainees are encouraged to develop additional competencies in psychotherapies and access supervision in order to provide interventions. The community work offer the option of assessing and managing organic and functional cases and arranging relevant investigations and treatment in discussion with the consultants and the MDT

IL4 – risk assessment – this occurs on a regular basis for all patients at least once a year and when newly referred or if clinical presentation and risk changes. The oncall

rota, 136 suite and presentation at tribunals as well as work on capacity/consent to treatment and use of MHA/DOLS covers the items regarding psychiatric emergencies, legislation and broader mental health context. Trainees are encouraged to attend the East Sussex Complex Care panel

IL5 – therapeutic interviews – during the placement interviews are carried out on both a 1-1 and MDT basis, the trainee learns how to conduct an interview in a confident but respectful way and provide teaching opportunities for students and junior staff. During the post trainees have the opportunity to work with clinical psychologist and have own cases under supervision.

IL7 – management of patients with SMI – many of the caseload fall into this category and some cases are under CTO, the trainee works with the patients and MDT to try and develop relapse prevention plans and risk management strategies.

IL10 – audit – this are regularly undertaken within the service the trainee is encouraged to lead on areas of their special interest and work with the Trust governance structures

IL11 – Clinical Governance – the educational supervisor stresses the need for engagement in management and governance activities and will engaged trainees in service evaluations, attending at times the CDS Board meetings, join the CDS Quality committee and audit and the report and learn groups

IL14 – Team Work – the community team is staffed with able and confident members who work closely together, the trainee has the opportunity to explore different styles of leadership and working relationship with various professionals

IL15 – as above

IL16 – time/problem management – as the trainee develops skills and confidence they are given increasingly more autonomy over their work but the supervisor provides an overview and guidance regarding priority and time management – it is imperative to learn the skills of delegation and prioritising rather than working excessively hard at tasks which can be done elsewhere

IL17 – teaching – there are opportunities for MDT teaching within the team. We have medical students regularly from BSMS as well as foundation doctors and GP trainees. There is a very active academic programme and the trainee will be encouraged to active role in all of the above

IL19 – behaviour/professional manner – in the MDT the doctor will work closely with their consultant supervisors and MDT and will have a good understanding of the professional, legal and ethical expectations of their conduct and performance with regards to professional relationships, information sharing and an understanding of one's limitations