

JOB DESCRIPTION

Job title:	Higher Speciality Trainee (ST4-ST6) in Assertive Outreach Team and Community Forensic Psychiatry
Hours:	F/T 40 hours per week (negotiable)
On Call:	Yes
Disclosure Required:	Yes – DRB
Service:	Assertive Outreach Team, Chanctonbury, Worthing Community Forensic Outreach Team, Worthing
Location:	Chanctonbury Building, Swandean, Arundel Road, West Sussex BN13 3EP
Reports to:	Dr Jason Read, Consultant Psychiatrist and Dr Jake Harvey, Consultant Forensic Psychiatry
Accountable to:	Dr Tim Ojo, Medical Director
Job Outline:	This is a Speciality Trainee post, split between Assertive Outreach Team and Community Forensic Outreach Team

Introduction

Sussex Partnership NHS Foundation Trust provides mental health and learning disability services to the people of Brighton and Hove, East Sussex and West Sussex. Child and Adolescent Mental Health Services are provided across Sussex, Kent and Hampshire. We are part of a wider network of health and social care and are working in partnership with statutory and non statutory agencies. Close links have been developed with the Brighton and Sussex Medical School and there is a thriving Sussex wide training scheme in psychiatry.

The Adult Services and Forensic Services part of the Trust covers a population of approximately 1.5 million people across Sussex. It is divided into 7 Clinical Delivery Services in East Sussex, Brighton and Hove, North West Sussex, Coastal West Sussex, Learning Disability CDS, Forensic CDS and Childrens and Young Peoples CDS.

The area covered by this post is based in the Worthing part of the Coastal Sussex Clinical Delivery Services and the West Sussex part of the Forensic Clinical Delivery Services.

Total population estimates (based on the Office of National Statistics) for West Sussex are about 800 000 with about 250 000 in the Adur Arun and Worthing part of Coastal West Sussex covered by the Assertive Outreach Team. The post holder will spend sessions with either team, with both team based in the same office.

Timetable

	MON	TUE	WED	THU	FRI
am	Forensic Reviews Or Forensic CAG Forensic Supervision	AOT reviews Or Court work	AOT Formulation/ Risk assessment AOT reviews	Forensic Team meeting Or Shepherd House Rehab reviews	Special Interest/ Research Day
pm	Forensic Referrals and Academic Meeting Hove	AOT Team meeting AOT supervision	Postgrad Education Worthing and Audit Or Attend Coastal West Sussex Divisional Leadership team	Forensic Clinic Or Psychosis CAG	Special Interest/ Research Day

Job Information

The West Sussex Community Forensic Outreach Team (CFOT) provides case management for a group of community patients considered to pose specific challenges to services, including heightened risk of aggression/violence, and considered in need of specialist risk assessment and management. The majority of patients will be discharged from secure units and will be subject to Section 41 Conditional Discharge; however a significant minority may be subject to Supervised Community Treatment (or will be informal community patients) following discharge from Section 3 or 37. The CFOT also provides a 'risk reduction' consultation/liaison service, accepting referrals from other teams within the Trust, or other external partners/agencies (such as probation). The trainee will join a full multidisciplinary team including Community Psychiatric Nurses (CPN's), Forensic Social Work Practitioners (who are all AMHP's & Social Supervisors), a specialist Occupational Therapist, a Consultant Clinical Psychologist, support worker and administrative support.

The Adur, Arun and Worthing Assertive Outreach Team provides intensive input for a group of people with serious mental illness that have problems engaging with services and have been frequently admitted in the past. They often have significant social and housing difficulties as well as co-morbid substance. There are close links with Shepherd House in Worthing that is a community base for psychosis services in Worthing as well as provided 15 open community rehabilitation beds where there is an opportunity for the postholder to be involve if inpatient experience is required.

Dr Harvey is Co-Chair of the Forensic Clinical Academic Group and Dr Read is Co-Chair of the Psychosis Clinical Academic Group and Clinical Lead for Adur Arun and Worthing so this post will also be suitable for trainees wishing to develop leadership and research skills.

Particular areas/opportunities for training

- Use of security as part of treatment.
- Providing complex care.
- Rehabilitation including Open Community and High Dependency (slow stream) recovery.
- Treatment resistant psychosis.
- Personality disorder.
- Complex pharmacology.
- Motivating/engaging resistant patients.
- Effective prevention and management of institutionalisation.
- Mental Health Act Part II and III including Community Treatment Order
- Liaison with multiple partner services/agencies (including non-specialist teams; criminal justice system; Ministry of Justice; third sector providers and commissioners).
- Interface between the mental health system and Criminal Justice System
- The interface between mental and physical illness.

Additional Opportunities

As a part of this post the trainee will also have the opportunity for visits/experience in: medium security; high security/Special Hospitals; prison (HMP Lewes); Courts/medico-legal work; Police & Court Liaison & Diversion Service; Multi Agency Public Protection Arrangements (MAPPA) meetings. Other specific opportunities relevant to training in forensic psychiatry will be available as they arise.

Medical Staff

There are 16 other consultant psychiatrists (not all WTE) in Adult Services covering this area either at the inpatient units in Worthing or Chichester or the Assessment and Treatment Centres and Hubs in Worthing, Shoreham, Bognor and Chichester plus other consultant colleagues in Dementia Services, Learning Disability Services and in Early Intervention in Psychosis services in Coastal West Sussex.

The Community Forensic Outreach Team (West Sussex) consists of one full time Consultant Forensic Psychiatrist (who will act as the trainee's Educational Supervisor) and 0.5 WTE Consultant Forensic Psychiatrist (also based at the Chichester Centre Low Secure Unit). The Forensic Healthcare Service as a whole works across East and West Sussex and Brighton & Hove and consists of 9 WTE Consultant Forensic Psychiatrists covering Medium Secure and Low Secure Hospitals as well as a comprehensive community forensic service; in addition to providing input into HMP Lewes, Police and Custody Liaison and Diversion Service as well as various cross-specialty clinics and advisory groups.

Responsibilities

The post holder will be jointly responsible to the Consultant within the Assertive Outreach and Forensic Teams.

Good medical care

To provide a clinical assessment, including relevant psychiatric and physical investigation.

In conjunction with other members of the Multidisciplinary Team to plan and deliver appropriate individually tailored treatment plans.

To regularly review and monitor patients' treatment progress (including physical health and results of physical/laboratory investigations).

To keep accurate appropriate and up-to-date medical and administrative documentation including computer medical records.

To liaise closely with other relevant professionals and organisations including non-statutory services, adult psychiatric services, CAMHS, general practitioners, medical colleagues, Social Services, Education and Prison Services.

To operate within guidelines, policies and procedures relevant to the post.

To provide clinical advice, liaison and consultation as required to colleagues in primary care, community services and acute specialities in line with New Ways of Working.

To contribute to regular communication and correspondence with other agencies (e.g. GP letters, discharge summaries etc.)

When necessary, covering duties of the colleagues and other junior medical staff, in order to ensure continuity of medical care.

To provide guidance and support to newly appointed and less experienced medical colleagues.

The post holder should also accept that he/she might be required to perform duties in occasional emergencies and unforeseeable circumstances at the request of the appropriate Consultant in consultation with colleagues.

Maintaining good medical practice

All medical staff are expected to participate in continuing professional development, annual appraisal and revalidation.

Relationships with others

To work in partnership with users and carers so that they are fully involved in, and empowered to make decisions about their treatment and care.

Establish good communication and effective working relationships with all relevant agencies in relation to individual patients and service development.

Training and Educational Supervision

The post holder will receive the advantages of clinical and educational supervision from their Consultant Psychiatrist.

The post holder will be expected to attend some of the Adult CPD education on Wednesday afternoons or the Forensic meetings on Monday afternoons.

The post holder would also be given study leave for courses recommended by the Lead Consultant to advance their knowledge of the role being undertaken.

Audit and health and social care governance

The post holder will be expected to participate in the clinical audit meetings as well as to participate in clinical audit and other health and social care governance activity.

On-Call – as per locality senior rota as Section 12 Approved Psychiatrist with Consultant cover.

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