

JOB TITLE: ST4 Training Post in General Adult Psychiatry (Community Based)
 With in-patient experience

DIRECTORATE: Working Age Adult Mental Health Services

REPORTS TO: Dr. Greg Baginski
 Consultant Psychiatrist

RESPONSIBLE TO: Dr Gregory Baginski, MBBS, MRCPsych, Dip. In Forensic Psychiatry.
 Consultant Psychiatrist,
(Educational Supervisor)

PAY BAND: 1A

LOCATION: **Base:** St Mary's House, 52 St Leonard's Road, Eastbourne, BN21 3UU
 Telephone number: 01323 747221

HOURS OF WORK: 9:00am – 5:00pm Monday to Friday

ON CALL RESPONSIBILITY: Yes

DISCLOSURE REQUIRED: CRB check required

TIMETABLE:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A M	outpatient clinic at St Mary's House	Emergency appointments, tribunals, home visits.	Community Mental Health meeting at St Mary's House	Ward Round at the Department of Psychiatry, DGH	Once a month - the whole day, assisting the consultant in one big block of clinic in Newhaven, 12 miles from the base. Once a month - a similar clinic in St Mary's House. Other Fridays - emergency appointments, home visits and tribunals, self-education.
P M	Ward Round at the Department of Psychiatry, DGH	Administration, self-education	DoP Educational Programme/ 1230 - 1700	Emergency visits, tribunals and emergency appointments.	

JOB OUTLINE: The post involves Working Age Community Psychiatry and in-patient experience.

This is a full time post for a higher trainee doing general Working Age Psychiatry with KSS Deanery. The Job consists mostly of Working Age Adult Community Psychiatry, however there will be some regular exposure to acute and in-patient psychiatry at the Local Acute Psychiatric Unit at the Department of Psychiatry, Eastbourne DGH.

Working within a well established multi disciplinary team including CPN's, Social Workers, Community Support Workers (CSW), OT's, Psychologist's and Medical Staff. In-patient sessions including a Tuesday hand over on Bodiam Ward and ward review for patients of Eastbourne Recovery MHT. Facilitating discharges and offering liaison between in-patient and CHMT.

MAIN DUTIES:

Community activities:

The post involves regular outpatient clinics in the community, which is at St Mary's House, located in the centre of Eastbourne. The trainee would be expected to have only one scheduled and regular new-referral/follow-up clinic. The rest of the clinics will be emergency appointments, home visits, joint assessments with other professionals, CPA reviews, MHA assessments, triage meetings or any other community activities which could be organised by the trainees accordingly taking into account their other needs and on-going training. In other words, the post offers a lot of flexibility to the trainee seeking experience in community and acute psychiatry with a view of them actively designing the work schedule to maximise the experience and to follow their special interests.

Ward work:

The inpatient work is at the DOP, Eastbourne DGH, 2 miles from the office base. It involves regular ward round twice a week and a variety of activities related to looking after inpatients such as tribunals, pre-discharge meetings, dealing with the relatives and supervision of junior doctors. Dr Baginski's post is already supported by a Foundation Doctor, therefore the higher trainee would not be expected to participate in activities designed for junior doctors.

Supervision:

The supervising consultant has a special interest in Eating Disorder, which the trainee will have an opportunity to participate in by running clinics and service. The supervision from the consultant is available on a daily basis as both are based in the same place. The formal supervision will be organised in accordance with the requirements of the Royal College of Psychiatrists. It involves at least one hour time protected supervision designed to meet trainee's agenda each week.

Admin support:

There are desks available at St Mary's House with access to e-cpa and the internet. The trainee will be dealing with Dr Baginski's personal assistant.

On-call rota:

Trainees will participate in the Eastbourne on-call rota.

Academic activities:

There is an internal academic programme which takes place every Wednesday at the Department of Psychiatry at 1.30pm and is preceded by a drug lunch. This involves a journal club, usually a critical review, and a case conference followed by a lecture and Balint Group which runs towards the end of the afternoon. Occasionally, academic activities are combined with colleagues from Hastings and take place in Woodside, about 10 miles from the base. The trainee would be supervising other trainees in giving presentations, preparation for exams and would be offered to make contribution to lectures on a chosen topic. Also there would be an opportunity to contribute to the on-going trust research, complete audits and pursue any already conducted research projects.

Objectives of Placement

ST4 Training Post in General Adult Psychiatry (Community Based)

- ❑ Gain experience in the assessment and treatment of community psychiatry patients within outpatient and domiciliary visit settings, liaising with other members of the team and professionals and agencies outside the MHT;
- ❑ Increasing involvement in the management of complex cases, including complex Psychopharmacological Management and working with other teams;

- ❑ Participation in an On-call Rota – supervising Junior Doctors practice out of hours, taking responsibility for matters in relation to the Mental Health Act arising from the ASW Rota all under the supervision of a Consultant Psychiatrist;
- ❑ Widen the experience in NHS Management issues by attending appropriate meetings, e.g., Medical Staff meetings, Locality meetings and weekly Consultants meetings;
- ❑ Responsibility for matters arising from the Recovery Team in relation to the Mental Health Act.

ST4 Training Post in In-patient setting

- ❑ The post provides for sessions in the Department of Psychiatry, Eastbourne DGH with opportunities to attend weekly wardrounds attended by various disciplines and representatives of the various services within the in-patient setting; and wards reviews which will require specific arrangements
- ❑ The post provides for the assessment and treatment of in-patients in particular those considered for discharge with a view of facilitating community treatment and providing medical follow up accordingly.

Additional:

- ❑ The post provides for participation in a weekly on-call rota, which allows experience to be gained with Mental Health Act assessments and to discuss issues with juniors and out-of-hours general practitioners;
- ❑ The SpR is expected to attend where possible appropriate management meetings in order to widen their experience of NHS management issues;
- ❑ The post allows for participation in the weekly academic meeting for all trust doctors held at the Department of Psychiatry, Eastbourne District General Hospital and provides opportunities for teaching and supervision of junior doctors;
- ❑ The post will offer gaining experience in leadership skills and management skills by participation in the local and trust wide and local division of medical staffing committee meetings, in which the educational supervisor is involved, and linking with BMA.
- ❑ The post allows for a research day and a special interest day weekly;
- ❑ It is preferable that the post holder is Section 12 Approved and able to drive.

April 2015