

<b>JOB TITLE:</b>	West Recovery / Psychiatric Intensive Care Unit
<b>GRADE:</b>	Specialist Registrar / ST4/5/6
<b>DIRECTORATE:</b>	Working Age Mental Health Services (WAMHS)
<b>EMPLOYING TRUST:</b>	Sussex Partnership NHS Foundation and Teaching Trust
<b>EDUCATIONAL SUPERVISION:</b>	Dr Patrick Le Seve
<b>CLINICAL SUPERVISION:</b>	Dr Graham Campbell
<b>LOCATION:</b>	Mill View Hospital, Hove, East Sussex
<b>HOURS OF WORK:</b>	40-hours per week
<b>ON-CALL RESPONSIBILITY:</b>	Yes
<b>DISCLOSURE REQUIRED</b>	Yes

**Time Table for SpR**

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Community ATS	Acute Regency Ward	Acute Regency Ward	Research	Community ATS
Lunchtime			Clinical Audit		
PM	Community ATS	Acute Regency Ward	Teaching	Special Interest	Community ATS

**JOB OUTLINE:**

There are currently four ST4-6 posts in Psychiatry in the Brighton and Hove Locality of Sussex Partnership Foundation Trust (under the auspices of the KSS / London Deanery).

The City of Brighton and Hove is a large, attractive city on the Sussex coast, famous as both a holiday and conference centre and is a major residential and industrial area. It is within easy reach of the Sussex countryside and London and is served by good road and rail connections.

**DUTIES AND RESPONSIBILITIES:**

This post is split between the Recovery (Community) and the Acute (In-patient) Service. The Educational Supervisor for this post is Dr Patrick Le Seve.

**ATS Recovery Element:**

Working Age Mental Health Services (WAMHS) in Brighton and Hove is separated into Acute and Community Services, the latter composing of two hubs, one in the East and one in the West. Over the past year the community provision has been reconfigured adopting a partnership arrangement with other providers taking on minor mental illness called the Primary Care and Wellbeing Service. Referral to secondary care is taken through a single point of access, the Triage Service, where it is decided if those with more moderate to severe mental illness are in need of an Assessment and Treatment Service or a full Recovery Service under CPA. You will be predominantly working in the latter Recovery and Wellbeing Service assisting in the management of those with chronic and enduring mental illness.

The aim of “recovery” is to assist service users to live a meaningful and satisfying life as defined by themselves in the presence or absence of symptoms of the underlying illness. It is personal and unique and should result in hope for the future and a sense of being able to contribute to life even with the limitations caused by the illness. The Recovery Service is the facilitator, not necessarily the provider of the Service. It is holistic incorporating employment services, the voluntary sector, housing, education and skills training as well as arts, culture and recreation and religious / faith services. Patients are to be treated with dignity, aiming for alliance not compliance. It strongly considers the role of the nuclear family, the extended family as well as the social network. The approach is to use Multidisciplinary CPA Reviews with the doctor providing support and advice to other team members.

At any one time the Team has approximately 460 patients with severe mental illness, under care coordination. The Post provides valuable experience in managing complex cases, treatment resistance and co-morbidities. In addition to Bipolar Affective Disorder, Recurrent Depression and Schizophrenia, the Post holder will gain knowledge in managing the challenges of Personality Disorder and conditions complicated by alcohol and substance misuse. The Team is truly multidisciplinary with students from Brighton and Sussex Medical School and local Social Work and Nursing schools. Home visits with other team members will add to your experience as will involvement in Mental Health Act Assessments. You will be encouraged to practise occupational health and medico legal reports.

**The Acute Inpatient Element:**

Regency Ward is a general ward for working-aged males at Mill View Hospital. It is a 20-bedded ‘open’ ward which has been newly upgraded in early 2013. The ward receives patients admitted:-

- via the Crisis Response Home Treatment Team (CRHTT)
- transferred from PICU
- following assessment under the Mental Health Act in the community or police custody
- transfers from other out-of-area beds

The ward team manage a wide range of acute mental health problems which often exist within the context of alcohol and substance misuse, difficult social circumstances (ie. homelessness), developmental disorders such as autistic spectrum disorders, and personality disorder.

Care and treatment is patient-centred, multidisciplinary and collaborative with an immediacy of response to critical situations. The patient’s stay is appropriate to clinical need and assessment of risk but there is a high turnover of patients due to the high demand for inpatient beds. Psychiatric care is delivered by qualified staff according to an agreed philosophy of care underpinned by principles of risk assessment and management, as well as starting the process of Recovery-orientated care.

The multidisciplinary team includes; Nursing Team led by the Ward Manager, Art Therapist, Occupational Therapist, visiting Psychologist and the medical team comprising of full-time Consultant, part-time Specialty Doctor (0.5 WTE) and a full-time FY1 doctor. The Clinical

Pharmacist is an important member of the team, providing input and advice regarding rapid tranquilisation and medication.

### **On Call**

The Post holder will participate in the out of hours ST4-6 on-call rota (approximately one in ten). It is hoped that the Senior Trainee will be S12 approved and be available for MHA Assessments. As second on-call they will provide support and advice for the first on-call Core and GP Trainees in addition to the Senior Nurse Practitioners based overnight in A&E. Supervision if required is provided by the Consultant on-call.

### **CONDITIONS OF SERVICE**

The salary and conditions of service are as set out in the Terms and Conditions of Service of Hospital Medical and Dental Staff. It is a whole time post with a banding supplement for on-call as stipulated. The trainee will be expected to be on the on-call rota and be paid subject to the local conditions of employment of the Trust.

Annual leave will be taken within the trainee's particular twelve month post and is subject to the local conditions of employment of the Trust.

Enhanced CRB clearance is required.

The post does not require the post holder to be resident when on call. A Duty Room is available at Mill View Hospital.

### **STUDY AND TRAINING**

Sussex Partnership Foundation NHS Trust is committed to the training and professional development of all staff.

Sussex Partnership Foundation NHS Trust has excellent academic links with the Universities of Sussex and Brighton and with the new Brighton and Sussex Medical School. There are numerous seminars at the two Universities which trainees are encouraged to attend, and supervision for a suitable research project would be available.

The ST4-6 trainee is expected to keep a portfolio and complete regular WPBAs to satisfy the requirements of the RCPsych ST4-6 competency-based curriculum. The portfolio is then submitted at the end of the placement to the ARCP.

### **Other Senior Training Posts in Brighton and Hove**

- 1 post in Assertive Outreach Team
- 2 posts in Older Age
- 1 post in Substance Misuse
- 1 post in Children and Adolescent

### **Induction**

All new trainees undergo a formal Induction Programme and are issued with an up-to-date 'Trainees Handbook'. Particular attention is paid to safety/security issues, as well as to the basic clinical skills required by beginners in psychiatry.

### **Appraisal/Assessment**

This is the joint responsibility of the post holder and educational supervisor.

### **Educational Supervisor**

Dr Patrick Le Seve will provide educational supervision in accordance with the Royal College of Psychiatrists' requirements. With the attached timetable it is expected that educational supervision will take place for one hour on Fridays at 2pm. Clinical supervision will be provided throughout the week as and when required by the respective acute and ATS Recovery consultants / RCs.