

NIHR performance in initiating and delivering research: Sussex Partnership: Quarter 4 2017-2018

Data for ICR: Clinical Trials HRA Approval

	REC no	IRAS No	Name of trial	Date site Invited	Date site Selected	HRA Approval date	Date Site Confirmed by Sponsor	Date Site was Confirmed	Non-confirmation status	Date site ready to start	First Patient Recruited?	Date of First recruit	Delay Category	Source of Delay	Reason for Delay
Q1		224584	Randomised Controlled Trials of Mindfulness-Based and Cognitive Behavioural Therapy-Based (CBT-based) Courses to Improve NHS Staff Stress and Wellbeing with Participant Preference	25/05/2017	25/05/2017	31/05/2017	30/06/2017	30/06/2017		30/06/2017	Yes	12/07/2017			
Q2	17/LO/0596	220840	Low-Intensity Guided Help Through MINDfulness (LIGHTMind 2): A randomised controlled trial comparing supported Mindfulness-Based Cognitive Therapy self-help to supported Cognitive Behaviour Therapy self-help for adults experiencing depression	15/02/2017	10/05/2017	13/07/2017	02/08/2017	06/10/2017		06/10/2017	No	06/11/2017	A- Permissions Delayed/ Denied. G - No patients consented	There were delays in study set up. In addition recruitment has been harder than initially expected.	Both
Q3	17/SW/0172	224619	MIND4OCD: A Feasibility Study of Mindfulness-Based Cognitive Therapy adapted for Obsessive-Compulsive Disorder	06/07/2017	11/12/2017	25/10/2017	11/12/2017	20/12/2017		01/01/2018	Yes	05/04/2018	B - Suspended by Sponsor	Study was approved, however, Sponsor/ CI was not ready to start recruiting. Study suspended at site.	Sponsor
Q4	N/A - No new Clinical Trials were initiated.														

