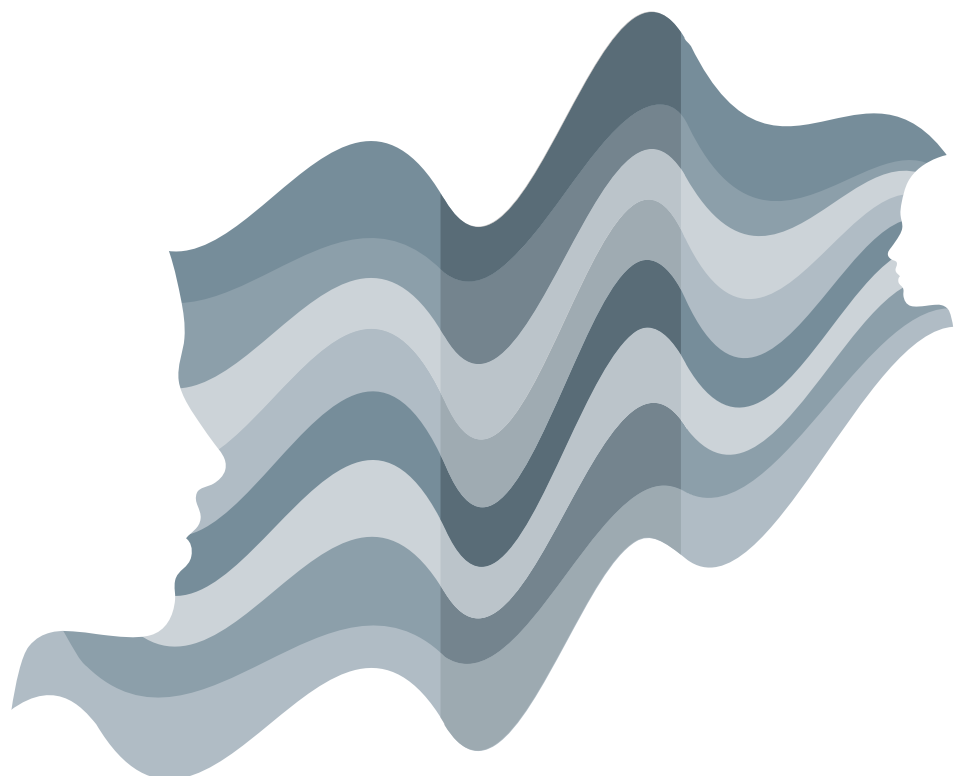


How we can help and support you:  
A Guide for Forensic Healthcare Services  
**Forensic Clinical Academic Group (fCAG)**



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## Areas of Treatment

These are the main treatments that might expect to be offered routinely, as appropriate to your needs, and taking into account your preferences.



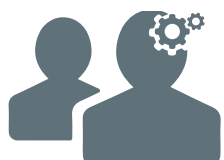
### Personal Involvement

We will work in partnership with you. We will put your own views at the centre of your personal care and treatment and will support active participation in your recovery journey.



### Friends, Family and Carers

We will seek to involve and support your family, friends and carers with your consent. They can provide a positive connection and integration with the community.



### Treatment for Specific Mental Disorders

We will offer a range of evidence based medical and psychological interventions that promote your mental wellbeing, support your recovery and reduce risk.



### Risk Reduction and Safety Planning

We will work collaboratively with you to reduce your offending and other risky behaviours which may cause harm to yourself and others. This will include the use of evidence based risk assessments and interventions.



## Social and Occupational Interventions

We will offer you a personal plan of activities to support you and help develop skills. We will work alongside you to maintain links with local community organisations, and other services.



## Addictive Behaviour and Substance Misuse

We will offer a range of interventions to assist you to explore and address harmful patterns of behaviour, which may be addictive, in order to promote your mental wellbeing, support your recovery and reduce risk.



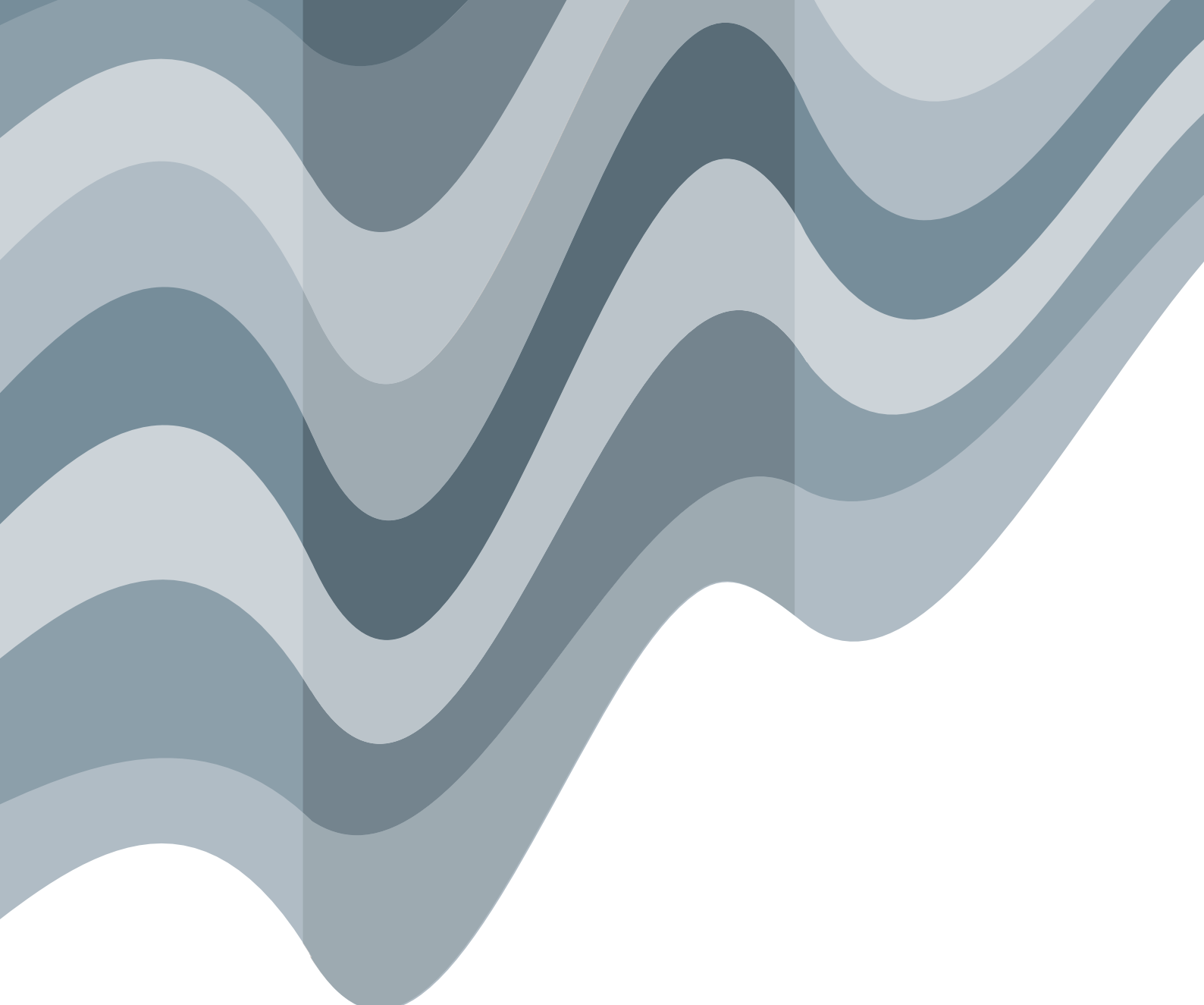
## Improving Physical Health and Wellbeing

We will promote your physical health and wellbeing by supporting contact with your GP and other physical health care providers in the community, or by providing these interventions ourselves.

## More information

For more information, please go to: [www.sussexpartnership.nhs.uk/CAGS](http://www.sussexpartnership.nhs.uk/CAGS). This provides our Menu of Care and Interventions for Forensic Healthcare Services, of which this document is a summary. It also provides links to the guidelines produced by the National Institute for Health and Care Excellence (NICE).

**If you require this document in another format such as large print, audio and other community language please contact the Clinical Academic Groups at: [cags@sussexpartnership.nhs.uk](mailto:cags@sussexpartnership.nhs.uk)**



[cags@sussexpartnership.nhs.uk](mailto:cags@sussexpartnership.nhs.uk)



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