

Dementia and Older People's Mental Health

Theme lead



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Areas of interest

The Dementia and Older People's Mental Health theme includes several studies exploring the issues of old age including clinical trials for Alzheimer's disease. Research areas include Immunological and biochemical markers in dementia; non-pharmacological and lifestyle interventions in dementia disorders. The theme is a working collaboration with University of Sussex, Brighton and Sussex Medical School & University of Brighton.

Theme objectives

Dementia research is important because it is only through research that underlying causes and living with the disease can be fully understood. We aim to find treatments that help people to live well with dementia.

Research

Time for Dementia, is an educational programme which is built on a teaching approach for understanding long-term conditions, in this case, dementia. It aims to improve the knowledge, understanding, attitudes and behaviour towards dementia in trainee healthcare professionals. It does this by pairing students with people with dementia (and their carers) for visits over a period of three years so that these health care professionals of the future gain a genuine understanding of life with dementia, which they can take forward with them in their healthcare careers. This programme is being evaluated, with student and family outcomes being measured and can also be rolled out for other conditions.

PhysiQOL assesses the impact of lifestyle factors, such as physical activity, on the quality of life of people with dementia..

FREE-COG is a project which has produced a validated copyright-free (cost-effective) cognitive testing tool for healthcare settings.

Measuring Carer Quality of Life (C-DEMQOL) - Developing a questionnaire that can be used by researchers and clinicians to gain a greater understanding of the quality of life of carers of people with dementia.

We also host several commercial (drug) trials at our [Dementia Research Unit](#)

Associated weblinks

<https://www.bsms.ac.uk/about/contact-us/staff/dr-naji-tabet.aspx>

<https://www.bsms.ac.uk/research/neuroscience/cds/index.aspx>

[Centre for Dementia Studies](#)

[Dementia Research Unit](#)

Key publications

Daley S, Murray J, Farina N, Page TE, Brown A, Bassett T, Livingston G, Bowling A, Knapp M and Banerjee Sube (2018) ***Understanding the quality of life of family carers of people with dementia: development of a new conceptual framework.*** International Journal of Geriatric Psychiatry. ISSN 0885-6230

Farina N, Hughes L, Watts A and Lowry R (2018) ***Use of physical activity questionnaires in people with dementia: a scoping review.*** Journal of Aging and Physical Activity. ISSN 1063-8652 (Accepted)

Hoile R , Tabet N, Smith H, Bremner S, Cassell J & Ford E. **Are symptoms of insomnia in primary care associated with subsequent onset of dementia? A matched retrospective case-control study**

Farina N, Jernerén F, Turner C, Hart K, Tabet N. **Homocysteine concentrations in the cognitive progression of Alzheimer's disease.** Exp Gerontol. 2017; 99:146-150.

Itzhaki RF, Tabet N. **Herpes simplex encephalitis and Alzheimer's disease: Is there a link?** J Neurol Sci. 2017; 380: 20-21.

Lancaster C, Forster S, Tabet N, Rusted J. **Putting attention in the spotlight: The influence of APOE genotype on visual search in mid adulthood.** Behav Brain Res. 2017; 334: 97-104.

Macedo AC, Balouch S, Tabet N. **Is Sleep Disruption a Risk Factor for Alzheimer's Disease?** J Alzheimers Dis. 2017; 58(4): 993-1002.

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