

# Learning Disability

## Theme lead



Dr Jane Edmonds  
Consultant Clinical Psychologist / Professional Lead for Learning Disability Services. Sussex Partnership NHS Foundation Trust

## Areas of interest

The Learning Disability research theme is part of the Learning Disability and Neurobehavioural Clinical Academic Group (CAG), which bring together experts by experience, clinicians and researchers to ensure that the treatment we provide is based on evidence and is as effective as possible. The Learning Disability and Neurobehavioural Clinical Academic Group (LdCAG) has developed the following care pathways:

- Complex physical health
- Autism
- Mental health
- Behavioural support

## Theme objectives

The Learning Disability theme has a very broad remit that encompasses a wide range of potential studies, including positive psychology with people with challenging behaviour and the use of virtual worlds in capacity to consent. The theme is a working collaboration with University of Brighton.

## Research

Looking at **homeliness and health in group homes**. Tony Levitan asked people with learning disabilities what makes a homely environment.

Looking at how **audit has shaped restraint reduction at the Seldon Centre**. Peak incidents seemed to happen at lunchtime, so a small change such as making the dining room quieter and less busy, made a real difference.



**Sussex Partnership**  
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**Associated weblinks**

[Learning disability and Neurobehavioural Clinical Academic Group](#)  
[Aldingbourne Powerful Trainers](#)

**Contact details:**

Jane.Edmonds@sussexpartnership.nhs.uk