

# Tell us about your experiences

We are currently inviting people from ethnic minorities to take part in a feedback study about their experiences of accessing Sussex Partnership NHS Foundation Trust services including during the COVID-19 pandemic.



## What would it involve?

This feedback study has been designed by **Experts By Experience (EBEs)** and **Sussex Partnership (SPFT) staff**. Taking part would involve:

### Narrative Workshops

Creative ways like writing and drawing to explore your experiences of accessing Sussex Partnership services; 3 sessions delivered via virtual platform (e.g. Zoom).

*(Receive up to £45 shopping vouchers as Thank You)*

### And/Or

### Semi-structured Interview

Conducted with a researcher via telephone or virtual platform (e.g. Zoom) for an hour (approx.).

*(Receive shopping vouchers worth £15 as Thank You)*

## Who can take part?

Aged 16 years or over

Identify as being from any of the following groups: Arabic, Asian, Black/Caribbean/African, Chinese, South Asian, of mixed heritage or any ethnic minority group

Speaker of any language

*(translations and interpreters can be provided)*

Either a current or past SPFT user of community mental health teams, outpatient hospital services or specialist clinics AND must have used the services since March 2020

## Why take part?

Your responses will help us to understand ethnic minority service users' experiences better, and identify areas where we can improve.

*Participants will also receive shopping vouchers as Thank You for their time and efforts in the study.*

You can request this information in *عربي, বাংলা, Polski, سُورانی فارسی*, and other different languages and formats

## Need more info or want to take part?

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