

## How will Closer2Home work with other services that are supporting my young person too?

Closer2Home will work closely with other services involved in your young person's care. There will be regular review meetings with you, your young person and these other services whilst you are receiving support from our team to ensure that all services are contributing to the care of your young person in a collaborative way.

## Why is my young person not being admitted to hospital?

Closer2Home offers intensive home treatment based support and aims to ensure that your young person can continue to receive the support they need whilst still being able to remain at home, instead of being admitted to hospital. We are also able to provide support to help their discharge from hospital where appropriate.

Having treatment at home will help there to be less disruption to your young person's schooling, friendships and family relationships, will help them to feel more in control of their own life, as well as giving family the reassurance of knowing that they are receiving the specialist support they need.

We will regularly review the care your young person is receiving in the community to ensure that they have the appropriate support in place.

## What you can expect from the service

When your young person is referred to Closer2Home we will invite you to an initial welcome meeting, to assess your young person's needs and give you more detail about our service and what you can expect.

You will be involved in the planning and development of your young person's care at every stage and there will be an appropriate treatment pathway identified based on their individual needs.

We are committed to treating all young people and families with dignity and respect, working together to ensure quality care for your young person.

### CONTACT US

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**Provider Collaborative  
Wessex and Dorset**



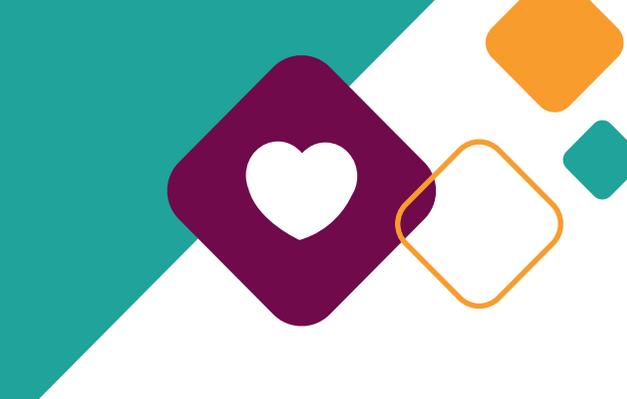
# Closer2Home

**An intensive mental health  
home treatment service for  
children and young people**



## Information for parents and carers

 [www.sussexpartnership.nhs.uk/closer2home](http://www.sussexpartnership.nhs.uk/closer2home)



## What is Closer2Home?

Closer2Home is an intensive home treatment service that supports children and young people with acute mental health problems in their homes by providing intensive input and support up to three times a day.

This specialist service helps young people to remain at home who otherwise would have been admitted to an inpatient hospital, and operates 365 days a year from 8am-8pm.

## Who is the service for?

Closer2Home is an intensive treatment service and aims to ensure that young people receive the support they need whilst being able to stay at home. We specialise in supporting young people who:

- Repeatedly harm themselves and/or make suicidal gestures; and who may also experience rapid or exaggerated changes in mood, and distress in relationships
- Have complex eating disorders, especially anorexia nervosa, and require intensive treatment

- Are currently in Tier 4 mental health services who could be discharged or moved closer to home if there were increased support for them.

Though these groups have been identified as the primary focus, our service has the specialist skills to address a range of emergency mental health difficulties, such as young people with suicidal thoughts and behaviour, debilitating anxiety disorders and young people with neurodevelopmental difference, such as autism.

## Who works in the service?

Our service is made up of a number of clinical and non-clinical professionals, who have a range of skills and expertise to be able to help your child. These include Consultant Psychiatrists, Mental Health Practitioners, Community Adolescent Senior Support Workers, Peer Support Workers and Trainee Nurse Associates.

The team are highly trained with a range of skills and expertise required to effectively support the children and young people referred to the service, and to manage the complexity of their conditions.

Closer2Home is provided by the Wessex and Dorset Provider Collaborative, and is delivered by three NHS Trusts. We support young people across Hampshire and Dorset, and have four teams each supporting young people in their local area.

## TREATMENT AND SUPPORT

After it has been agreed that your young person could benefit from our service, you and your young person will be invited to a 'welcome to Closer2Home' appointment.

At this appointment we will talk about what is currently happening for your young person, what they are struggling with and what they would like help with. We will talk about what help the Closer2Home team can provide and then work with you, your young person and other services involved in your young person's care to develop a comprehensive care plan, including specific treatment options.

