

ANNUAL GENERAL MEETING & ANNUAL MEMBERS' MEETING

CELEBRATION OF PARTNERSHIPS

To be held on 15 September 2018 at 10.00am
International Lawn Tennis Centre, College Road, Eastbourne, BN21 4JJ

10.00	Trust and Stakeholder Market Stalls Open	
10.45	Tea and Coffee available	
11.00	Welcome to the Annual General Meeting	
11.05	Formal proceedings to include <ul style="list-style-type: none"> • Minutes of the last meeting • What has happened during last year • Annual report and accounts • Council meetings and changes to governors • Update on progress against the Membership Strategy • Q&A from FT members and members of the public 	
12.00	Welcome to the Annual Members Meeting	
	Formal proceedings to include <ul style="list-style-type: none"> • Minutes of the last meeting • Annual report and accounts • Changes to the Constitution 	
12.20	Celebration of Partnerships	
	The last 70 years ; how mental health services have improved <i>by Dr Mel Moss, Deputy Medical Director (Medical Education)</i>	
	Patient Stories ; hearing directly from people who have used our services run in partnership with other organisations.	
	Working Together – How the Fire Service can help improve health and wellbeing by <i>Sophie Hepworth, East Sussex Fire and Rescue Service & Louise Patmore, Sussex Recovery College</i>	
13.30	Lunch	
Interactive Workshops		
14.00	Mindfulness	Sussex Mindfulness Centre
	Therapy Dogs	Pets as Therapy
	Year of Drawing	Make Your Mark
	Mental Health First Aid	South East Coast Ambulance Service NHS FT
15.30	Close	