

JOB TITLE: CT 1-3 in General Adult Psychiatry

DIRECTORATE: Working Age in Mental Health Services

REPORTS TO: Dr Mohammed Ashir, Consultant Psychiatrist

RESPONSIBLE TO: Dr Mohammed Ashir, Consultant Psychiatrist

PAY BAND: Commensurate with seniority. CT pay scale

LOCATION: Cavendish House, Breed Place , Hastings, East Sussex, TN34 3AD

HOURS OF WORK: 48

ON CALL RESPONSIBILITY: Full shift

DISCLOSURE REQUIRED: As required by the scheme

TIMETABLE:

Mon	am	Intake support/DV, Cavendish	pm	CRHT, Woodlands
Tues	am	Assessment clinic, Cavendish	pm	Clinical admin/Audit
Wed	am	Clinical Team Meeting, weekly supervision Cavendish	pm	Academic Programme DOP
Thurs	am	Clinic , Battle H.C MRCPsych Course (on alternative weeks.)	pm	Admin MRCPsych Course (on alternative weeks)
Fri	am	CRHT, Woodlands	pm	Clinic , Bexhill Hospital

JOB OUTLINE:

This is a training post within the Sussex Partnership Rotational Scheme in Psychiatry. The objective being to gain experience/training in General Adult Psychiatry, with special emphasis in community psychiatry, although the trainee in this post will have experience in the Acute care pathway within the job plan.

The trainee will be based at Cavendish House, which is the base for the Specialist Mental Health Service in Hastings and Rother , locally known as Assessment and Treatment Centre (ATC). There are also two satellites at Battle health centre and Bexhill hospital where residents from these areas could be reviewed and the trainee could have clinical sessions in these satellites with the supervising consultant.

The trainee will have 2 sessions with the Crisis Resolution Home Treatment team (CRHT) in Hastings to gain more experience in the acute care pathway. The CRHT is based at the Woodlands Acute Care Centre in Conquest Hospital, the Ridge, St Leonards-on-Sea, East Sussex, TN37 7RD .

The trainee will see patients referred to the ATS and will be involved in the care of patients receiving treatment under the Assessment and treatment team on standard CPA or patients under the Recovery Wellbeing team who are on enhanced CPA. The referrals received by the ATS are triaged by our Intake team which have the support of a medical member on daily basis. Also the team is piloting daily MDT assessment clinics. Clinics will be scheduled for New Assessments, to review urgent referrals, and treatment follow up reviews. Domiciliary visits will also be arranged as needed. The trainee can expect supervision in each clinical session by the consultant or another senior medical member of the team. The number of patients expected to be seen by the trainee in each session will be tailored according to the trainee's level of experience. Attendance at the ATS weekly clinical team meetings is also expected as well as attendance of the business meeting is encouraged.

The sessions with the CRHT will involve medical reviews or assessments of patients referred or under the care of the team who are in crisis or needing home treatment as an alternative to hospital admission. The trainee will work closely with other CRHT members and usually see patients jointly at the base or in home visits. The trainee will be supervised by the CRHT consultant Dr Abdul Karim Al Sheikhi.

The trainee should keep the medical notes clear, concise and up to date. The same applies to correspondence, particularly with the patient's GP and / or other professionals, who should receive assessments, clinic letters without delay. **Notes should be written in a way which would cause the patient and relatives no distress and the trainee no embarrassment, if and when they might be read by them.** This is not necessarily easy to do, and again is a skill to be acquired and discussed in supervision sessions. The trainee will also be advised on the future use of integrated assessment documentation.

The basic rules for confidentiality are that anything clinically relevant may be discussed within the Team, and with outside medical staff who are involved in some way. However, for any contact with anybody else at all, **permission** must be obtained from the patient.

The trainee is likely to find the work quite challenging and demanding, but will also find the experience applicable to wider aspects of psychiatry than general adult alone. A one-hour weekly supervision is available usually. Clinical supervision is available with every clinical session by the supervising consultant or another senior member of the medical team. The medical team with Cavendish House embrace New Ways of Working.

Time is set aside to assess the required competences, review portfolios, complete WPBAs, annual NHS appraisal and preparation for the annual ARCPs.

Trainees are expected to attend the MRCPsych Course, participate in the weekly academic programme and additional educational activities, e.g. Case Conference and Evidence Based Journal Club - the consultant will offer support and supervision.

They are also expected to attend training sessions and other activities organised by the KSS Deanery School of Psychiatry.

IT facilities are available at Cavendish House and the Woodlands unit.

Career advice, help on professional development related issues, etc. is provided. The initiation of appropriate research and audit and Leadership projects will be encouraged as also is involvement in individual psychotherapy cases, (e.g. Supportive psychotherapy).

No annual leave can be taken when scheduled to do nights. Periods of annual / study leave must be negotiated with the Educational Supervisor / Clinical Tutor and the trainee.

OBJECTIVES OF PLACEMENT:

Gain knowledge and experience in the assessment treatment and management of Working Age Adult patients.

To acquire the necessary competences as specified in the RCPsych curriculum CT1-3.

Attend the local MRCPsych course and sit the relevant exams.