

## You won't always see an eating disorder.

If you're a professional working with young people, make sure you know how to spot the early signs. Join Sussex Partnership NHS Foundation Trust's Family Eating Disorder Service and Beat, the UK's eating disorder charity, for free training sessions.

Remember, the earlier someone gets treatment, the better their chance of recovery.

“ The sessions are open to anyone who works with young people and their parents – GPs, school nurses, teachers, and youth workers, as well as local authority, voluntary and community sector organisations. ”

To find out more, contact [contracts@b-eat.co.uk](mailto:contracts@b-eat.co.uk).

Visit Beat's website or contact Beat's Helpline for further support and information about eating disorders:  
[www.b-eat.co.uk](http://www.b-eat.co.uk) | 0808 801 0677 | [help@b-eat.co.uk](mailto:help@b-eat.co.uk)

