

## Sussex Partnership Foundation NHS Trust

### JOB DESCRIPTION

<b>Job Title:</b>	ST1/2 in Psychiatry
<b>Hours:</b>	10 sessions
<b>Location:</b>	Mid-Sussex Locality
<b>Reports to:</b>	Mid-Sussex Consultant OPMH
<b>Accountable to:</b>	Medical Director/Lead Consultant OPMH Services

#### 1. Work Programme

The job plan shown below is indicative only and is subject to negotiation on appointment. The commitments shown are flexible and do not reflect fixed working arrangements. It is anticipated that the relative priority given to some tasks will evolve over time.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednes day</b>	<b>Thursday</b>	<b>Friday</b>
<b>Am</b>	WARD ROUND CLAYTON WARD	Ward work	Outpatient (follow up)	Ward work	Ward round  1 hour supervision
<b>Pm</b>	MEMORY CLINIC	Ward work	Teaching	Outpatient clinic (new)	Ward work/admin

#### 2. Job Information:

ST1/2 post in Mid-Sussex locality for the service of OPMH.

The service is fully committed to single assessment process, to integrated team management, and to closer working with partner agencies, mainly Social and Caring Services. There is an emphasis on delivering NSF for Old People priorities.

#### 3. Job Purpose

The post holder will be responsible for assessment and day to day management of inpatients on Clayton Ward at the Princess Royal Hospital. This is a 9 bedded inpatient unit for OPMH for both organic and functional patients.

He/she will undertake new outpatient assessments/memory clinics and follow-up reviews. He/she will be involved in occasional liaison assessments.

The postholder will be closely supervised by the Consultant Psychiatrist in both inpatient and outpatient clinics.

#### **4. Resources available to the post holder:**

##### **Medical Support Staff**

Services for Older People are now organised on a locality basis. There are three localities co-terminus with county council boundaries: West Sussex Locality, East Sussex Locality and Brighton & Hove Locality.

A full range of services is provided for those aged 65 and over with mental health problems and for those with early onset dementia.

In West Sussex there are 8 Community Mental Health Teams for Older People. Inpatient and Day Hospital services operate on 7 sites.

The medical staff comprises 8 consultants, 4 associate specialists, 3 staff grade doctors and 4 senior house officers.

##### **OPMH Services in Mid-Sussex**

Dr Ayaz Begg, Consultant Psychiatrist	1.0	full-time
Senior Speciality Doctor	1.0	full-time
ST1/ST2	1.0	full-time (this post)
CPN's	4	
OT's	2	
Social Workers	2	
Liaison Nurse	0.6 sessions	

#### **6. Responsibilities**

##### **6.1. Good medical care**

Contribute to working practices to ensure a high quality of specialist assessment, treatment and care to users and their carers in a range of settings.

To operate within guidelines relevant to the post.

To provide clinical advice as required.

##### **6.2 Maintaining good medical practice**

To participate and attend the inhouse teaching at Langley Green Hospital.

##### **6.3 Relationships with others**

To work in partnership with users and carers so that they are fully involved in and empowered to make decisions about their treatment and care.

Establish good communication and effective working relationships with relevant GP practices

Work closely with other agencies in relation to individual patients and service development

To work constructively with managers and clinical colleagues to maintain effective team working and service improvement.

Build a knowledge of and links with voluntary and independent service providers locally.

## **7. Training and Supervision**

To participate in the Trust's training programme for medical staff with participation in journal club, case presentations and grand rounds. There will be weekly one hour protected supervision with the Consultant Psychiatrist. There is ongoing supervision in ward rounds and outpatient clinics.

## **8. On Call Commitments/Day-time cover**

As per rota

### REHABILITATION OF OFFENDERS ACT 1974

**Because of the sensitive nature of the duties the postholder will be expected to undertake an *ENHANCED* disclosure and the postholder will be required to declare details of any criminal convictions, cautions, reprimands and final warnings and any other information that may have a bearing on their suitability for the post.**

Only relevant convictions and other information will be taken into account so disclosure need not necessarily be a bar to obtaining a position.

### The Area

West Sussex is a rural county of 768 square miles with a population of approximately 790,000. It borders Hampshire, Surrey, East Sussex and the South Coast. The coastal region is more densely populated, incorporating Chichester, Bognor Regis and Worthing, while the inland area is predominantly rural, encompassing the South Downs. The towns of Horsham and Crawley lie within the north eastern area. The county includes large areas of Outstanding Natural Beauty, and many places of historical interest. The economy of West Sussex is based on agriculture and horticulture, with increasing development of service and light industry. It is a largely affluent area, and contains a higher than average proportion of elderly residents, over 10% of its population being aged 75 and over.

### The Districts Served

The County of West Sussex lies within the Surrey Sussex Strategic Health Authority and will be part of the new Southern Region. It is part of the Kent, Surrey, Sussex Post Graduate Deanery, although deanery structures are currently being harmonised

across the Kent, Surrey, Sussex Confederation. The West Sussex PCT will be formed in October 2006 and will have lead commissioning responsibility for mental health and learning disability services and hosts the relevant specialist commissioning teams.

**Mid-Sussex OPMH Sector**

The districts serviced by the Mid-Sussex sector has a total population of over 65's of approximately 28,000. There are 3 main towns, East Grinstead, Haywards Heath, Burgess Hill and the surrounding villages.