

Studies for people with dementia and their carers

INTEGRATED COGNITIVE ASSESSMENT

The Integrated Cognitive Assessment (ICA) test is a five minute computerized test, which we hope will help us to tell if people have issues like Mild Cognitive Impairment (MCI) or Alzheimer's Dementia (AD). The study aims at exploring the ICA test's ability to identify cognitive changes, in working-age and older adults, in an easy and quick manner. We hope that the use of the ICA will improve the detection and monitoring of cognitive impairment. Due to its language independence, the test is ideal for patients of diverse cultural backgrounds. We are expecting that the ICA will not depend on economic or social background. As the ICA is paperless it will also have a positive environmental impact.

PATHFINDER

Problem Adaptation Therapy (PATH) is a new form of talking therapy for people with mild-moderate dementia and depression. PATH aims to help people with Alzheimer's disease and their carers to find ways that they can change their environment and activities so that they can enjoy a more positive state of mood. Referral is via clinician.

DETERMIND

The purpose of this study is to find out which groups have better or worse outcomes following diagnosis of dementia and why there are inequalities in care and outcomes. If you have been received a diagnosis in the last six months, you are eligible to take part in this study. You will be asked to answer several questionnaires. These will be related to your memory, health and well-being.

Time for Dementia

The Time for Dementia Project is an educational programme looking to improve the understanding, attitude and knowledge of health care professionals about dementia. The project involves having a pair of trainee healthcare professionals visit a family who have experience of dementia. The students would visit for a 2 year period through their training 3 times a year for 1-2 hours at a time. The students would be visiting to speak to both a person with a diagnosis of dementia and also a family carer. Each visit is a relaxed conversation within the person's home where the students will be interested in hearing about what it is like to live with a diagnosis of dementia and what it is like to support a loved one with dementia. If you and your carer are happy to take part in the Time for Dementia programme, you may be invited to take part in the research study.

The CAP-MEM Study: Exploring the cause and prevalence of memory problems

If you are over 16, have mental health, neurodevelopmental or neurodegenerative disorder (such as schizophrenia, bipolar disorder, anxiety disorders, autism or dementia); or if you are over 16 and do not have a mental health disorder (your responses would be used in a comparison group), we would like to invite you to take part in our research study.

The study involves completing a short questionnaire about nervous system symptoms such as dizziness. You may also be offered the chance to complete brief memory tests.

If you would like to find out more about the study, contact:

Guy Emery or Apri (Aparajita) Pandey

Email: askaboutresearch@sussexpartnership.nhs.uk

Tel: 0300 304 0088

Participant Research Experience Survey

Have you taken part in one of our studies/clinical trials? If so, thank you!

We would be grateful if you would complete an anonymous questionnaire about your experience so we can improve our service.

- What was your experience of taking part in research?
- We would like to have your views on what worked and what did not work.

Please fill in our survey, either online via this link: bit.ly/PRES1920 or if you would prefer a paper copy just let us know.

For more information about any study, please contact us:

Dementia Research Unit

Grove House,
Southview Road,
Crowborough,
East Sussex TN6 1HB



