Suicide Prevention in SPFT
‘Towards Zero’

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Suicide Prevention
Deaths by suicide in the UK and Republic of Ireland: 2014

6,581 people died by suicide in the UK and Republic of Ireland*

- Scotland: 696 people
- Northern Ireland: 268 people
- Republic of Ireland: 459 people
- England: 4,882 people
- Wales: 247 people
- Men: 4,998
- Women: 1,583

Source: ONS. Percentage change based on suicide rates per 100,000. Exact figures provided for clarity.

* Total number of deaths for the UK does not equal the sum of the constituent nations. This is due to ONS including the deaths of non-residents in the total figure but not in regional breakdown of deaths in England and Wales.
Policy Drivers
The Local Data

self Harm

2015/16 2016/17

self Harm

2015/16 2016/17
Real People behind the Figures
What we’ve done

• Safer Communities approach to Suicide prevention adopted
• Community partnerships strengthened
• Revised clinical risk training
• Reduced environmental risks
• Revised SI Process
• Family Liaison staff appointed
• Improved reporting and learning
But...

- The people we care for are still dying by suicide
‘Zero Suicide Approach’
Case Study: Perfect Depression Care
Key Strategies

1. Improving access
2. Reducing means
3. All patients are at risk of suicide
Improved Suicide Rates Among Henry Ford Medical Group HMO Members

C. Edward Coffey MD / Henry Ford Health System; National Vital Statistics Reports.

NEJM Catalyst (catalyst.nejm.org) © Massachusetts Medical Society
Takeaway messages

1. Pursuing Perfection is a viable model for healthcare transformation
2. Pursuing perfection is most successful within a just culture
3. Zero suicides is a social transformation, not a bundle of specific interventions
4. Suicide is preventable
So what for Sussex Partnership?
Towards Zero.

• Acknowledgement that suicide is not inevitable
• Suicide is a wicked problem and no single solution
• Refresh not a complete revision of strategy
• Commitment to learn and do things differently
• Refocus on what we can do more of- always events
• Desire for improvement
• Continuation of community partnerships
How

1. Embedding service user and family collaboration
2. Improving access
3. Reducing means
4. Increasing understanding, knowledge and awareness
5. Development of a just culture
6. Staff to lead improvements
What next

1. Towards Zero harm Steering group
2. Revised Strategy
3. Engagement
4. Agree areas of focus
5. Launch
6. Co-production
7. Evaluation
Get Involved ....
20 minutes of your time could make a world of difference

@Zer0Suicide
Improvers Network
Local Chapter Meeting

As a member of the KSS PSC Improvers Network we are arranging a Local Chapter Meeting to share experiences and ideas on the themes below.

- 'Be the Change' — building the will for quality improvement
- 'Crossing the divide' — making improvements across organisational boundaries

If you feel that you can make a positive impact on the discussion then please do come along. No experience needed and refreshments will be provided!

I'm iN

26 January 2018 — 9:30am to 12:00pm
Chertsey House, St Peter’s Hospital, Surrey, KT16 0PZ
asp-tr.bethechange@nhs.net
Any Questions?

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