ENRICHing experience peer worker programme to enhance discharge from acute hospital
Ruth Chandler
What is peer support?
ENRICH peer support principles

The development, delivery and evaluation of peer support services should:

1. Support the building of safe, trusting relationships based on shared lived experience

2. Ensure that the values of mutuality and reciprocity underpin peer support relationships

3. Promote the validation and application of experiential knowledge in the provision of peer support

4. Enable peers to exercise leadership, choice and control over the way in which peer support is given and received

5. Empower peers to discover and make use of their own strengths, and to build and strengthen connections to their peers and wider communities
Co-Production

Lived Experience Advisory Panel

National Expert Panel

Local Advisory Group

Service managers, ward managers, peer support network, peer leads from third section organisations
Equality of Power
Reflections on Delivering ENRICH Peer Support
Personal Stories of doing ENRICH Peer Support