

# Interested in sharing your views about supporting young people with mental health problems to increase their social connectedness?

The **TOGETHER** study is looking for practitioners who support young people aged 16-25 to take part in a short online survey.

Taking part will help us to learn whether future research should continue to explore the benefits of social connectedness in young people's mental health

## Who can take part?

You can take part if you are a practitioner in any service or organisation that currently supports young people aged 16-25

## What will taking part involve?

Taking part will involve completing a short online survey that will take approximately 10-20 minutes to complete.

The survey will ask you questions about:

- Yourself and your professional experience
- Your views on supporting young people with mental health problems to increase their social connectedness, through your routine practice or through the implementation of an intervention by non-expert practitioners



## Contact Us...

If you have any questions about the study, please contact the research team using the details below:

Email: [evelin.vogel@spft.nhs.uk](mailto:evelin.vogel@spft.nhs.uk) or [askaboutresearch@sussexpartnership.nhs.uk](mailto:askaboutresearch@sussexpartnership.nhs.uk)

Phone: 07391 408833

(Mon-Fri, 9am to 5pm)



## Need more information? Willing to take part?

[https://universityofsussex.eu.qualtrics.com/jfe/form/SV\\_9GHknh8iv22oEiW](https://universityofsussex.eu.qualtrics.com/jfe/form/SV_9GHknh8iv22oEiW)

