

JOB DESCRIPTION

Job title:	Speciality Trainee (ST4-ST6) in Early Intervention in Psychosis
Hours:	F/T 40 hours per week (negotiable)
On Call:	Yes
Disclosure Required:	Yes - DRB
Service:	East Sussex Early Intervention in Psychosis Service (EIPS)
Location:	Highmore, Western Road, Hailsham and Cavendish House, Hastings.
Reports to:	Dr Kate Hill, Consultant Psychiatrist
Accountable to:	Dr Tim Ojo, Medical Director
Job Outline:	This is a Speciality Trainee post in Early Intervention in Psychosis

Introduction:

Sussex Partnership NHS Foundation Trust was formed in April 2006 and provides mental health, learning disability and substance misuse services to the people of Brighton and Hove, East Sussex and West Sussex. We are part of a wider network of health and social care and are working in partnership with our staff, volunteers, education and other agencies. Closer links have been developed with Brighton and Sussex Medical School and there are plans to develop a Sussex wide training scheme in psychiatry.

The Trust is divided into 3 localities of East Sussex, Brighton and Hove and West Sussex. This post is in the East Sussex locality.

The East Sussex Early Intervention in Psychosis Service (EIPS) is made up of two teams based in Hailsham and one team spanning Hastings and Bexhill. There are also two teams in West Sussex and one in Brighton & Hove. Each team is multi disciplinary and works with young people aged 14 to 35 who are at risk of, or have recently developed a psychotic illness. The service supports people for up to three years and provides a range of biopsychosocial interventions to assist early detection, treatment, recovery and prevent relapse. The East Sussex teams both carry caseloads of 84 each. The post holder can work across the two teams or choose to base themselves predominantly with one team. This will be negotiated with each trainee

according to the experience they wish to gain from the team as there are different opportunities offered by the 2 teams.

Job Information

This is a new post. Each of the Early Intervention in Psychosis Services has a Consultant Psychiatrist as part of the multi disciplinary team. It is envisaged that the post holder will have a community caseload supervised by the Consultant Psychiatrist. These cases will be care coordinated by Early Intervention practitioners from the West Sussex EIPS. The trainees can expect very supportive working relationships from the teams and reviews will involve the care coordinator to the client.

The post-holder may be based at either the Hailsham EIPS team in Hailsham or the Hastings team who work out of Bexhill Health centre and Cavendish house, Hastings or choose to work across both teams. The Consultant Psychiatrist works across the Hailsham and Hastings teams.

The post holder will be involved in the assessment and management of a wide range of youth early psychosis presentations under the supervision of the Consultant Psychiatrist. This post provides the Senior Trainee with an opportunity to gain experience of working in a specialist service with adolescents and young adults who may be or are experiencing a First Episode Psychosis. There is a significant evidence base to support the interventions used to promote recovery in this patient population that includes medication, psychological interventions and family work. There is also an opportunity to gain experience in assessing developmental disorders such as Autistic Spectrum Conditions as presenting in young people. Comorbid conditions including substance abuse and mood/anxiety disorders are the norm.

i-rock, the new Hastings youth mental health pilot project has just opened. This is an innovative project that has developed a multiagency drop in for young people to address all their possible needs and includes housing, benefits, education, sexual health and access to mental health services. These services will provide mental health input for young people 14-25 years of age at an early stage. This development is very much in keeping with cutting edge service reform and presents a unique opportunity for the Senior Trainee to gain experience in working with this patient group not just in First Episode Psychosis but also in other higher prevalence disorders such as mood/anxiety and emerging personality disorder.

This service is will be evaluated possibly as part of a bigger evaluation for several youth mental health services and so this project would also provide opportunities to work on service evaluation and research into young people's mental health and attitudes to services.

In addition to in-house training and regular educational supervision the ST4-ST6 psychiatrist will be encouraged to further their experience and qualifications in the field of First Episode Psychosis and Youth Psychiatry by attendance at relevant workshops / courses.

The ST4–ST6 psychiatrist will have opportunity for clinical audit and involvement in research activity being undertaken by the service if desired. The research programme within EIPS is governed by SPRiG (Sussex Psychosis Research Interest Group) and the EIPS RAGG (Research and Audit Group). We have recently been joined by Professor David Fowler as our new Professor of Youth Mental Health who has an extensive track record in youth and psychosis research. There are currently two major national research studies running in EIPS and a number of smaller studies. There is a strong clinical-academic focus within the Sussex EIPS.

Secretarial support, computer access and office accommodation will be available at each team base. As per Trust policy medical staff are encouraged to 'hot desk' and will not be allocated an individual office unless performing direct clinical duties.

Medical Staff

Currently the medical staff in East Sussex consists of a Consultant Psychiatrist (0.8 WTE) and a half time staff grade doctor.

Responsibilities:

This post-holder will be responsible to the Consultant for EIPS in fulfilling the following duties:

Good medical care

To provide a clinical assessment, including relevant psychiatric and physical investigation of a wide range of young people with First Episode Psychosis presenting to the service.

In conjunction with other members of the Multidisciplinary Team to plan and deliver appropriate individually tailored treatment plans.

To regularly review and monitor patients' treatment progress (including physical health and results of physical/laboratory investigations).

To keep accurate appropriate and up-to-date medical and administrative documentation including computer medical records.

To liaise closely with other relevant professionals and organisations including non-statutory services, adult psychiatric services, CAMHS, general practitioners, medical colleagues, Social Services, Education and Prison Services

To operate within guidelines, policies and procedures relevant to the post.

To provide clinical advice, liaison and consultation as required to colleagues in primary care, community services and acute specialties in line with New Ways of Working.

To contribute to regular communication and correspondence with other agencies (e.g. GP letters, discharge summaries etc.).

When necessary, covering duties of their colleagues and other junior medical staff, in order to ensure continuity of medical care.

To provide guidance and support to newly appointed and less experienced medical colleagues.

To provide reciprocal cover for leave periods for medical colleagues at the East Sussex EIPS as appropriate.

There is a responsibility for teaching medical, nursing and other staff employed by Brighton & Sussex University Hospitals Trust for example regarding NICE guidelines for people who self harm, psychopharmacology, schizophrenia etc.

The post holder should also accept that he/she might be required to perform duties in occasional emergencies and unforeseeable circumstances at the request of the appropriate Consultant in consultation with colleagues.

Maintaining good medical practice

All medical staff are expected to participate in continuing professional development, annual appraisal and revalidation.

Relationships with others

To work in partnership with users and carers so that they are fully involved in and empowered to make decisions about their treatment and care.

Establish good communication and effective working relationships with all relevant agencies in relation to individual patients and service development

Training and Educational Supervision

The post holder will receive the advantages of clinical and educational supervision from their Consultant Psychiatrist.

The post-holder will be expected to attend internal CPD education on Wednesday afternoons.

The post holder would also be given study leave for courses recommended by the Lead Consultant to advance their knowledge of the role being undertaken.

Audit and health and social care governance

The post holder will be expected to participate in clinical audit meetings as well as to participate in clinical audit and other health and social care governance activity.

Service Development:

The EIPS is constantly undergoing change and there may therefore be a need to redefine an individual's working responsibility at a future date. If such conditions did arise this, of course, would be done in consultation with the post holder.

On-Call – as per locality senior rota as Section 12 Approved Psychiatrist with Consultant cover.

Rehabilitation of Offenders Act 1974

Because of the sensitive nature of the duties the post holder will be expected to undertake an *ENHANCED* disclosure and the post holder will be required to declare details of any criminal convictions, cautions, reprimands and final warnings and any other information that may have a bearing on their suitability for the post.

Only relevant convictions and other information will be taken into account so disclosure need not necessarily be a bar to obtaining a position.

Use of new technology:

The Trust is making increased use of computer technology. The majority of employees (both clinical and non-clinical) should expect to use automated information systems in their work in order to improve quality and co-ordination of services and to enable faster and more certain communication within the Trust. Necessary training will be provided.

Equal Opportunities:

Sussex Partnership NHS Trust is working towards equality and has policies relating to the equality of opportunity in employment and service delivery. All staff are expected to comply with these policies.

Provisional Timetable for West Sussex ST4-6 Higher Trainee:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Out patient reviews. Clinical Supervision	Out patient reviews.	Hailsham MDT clinical meeting	Hastings MDT clinical meeting.	Research/ Special Interest
Lunchtime					
PM	Administration & Clinical Audit	Out patient reviews/home visits	Academic session	Out patient reviews and home visits	Research/ Special Interest

