

Time for Dementia (TfD)

A new way of seeing

Dr Stephanie Daley

Professor Juliet Wright, Professor Sube Banerjee

What is Time for Dementia



- Novel educational programme for future health professionals to learn about dementia
- Introduced in 2015 at Brighton and Sussex Medical School and University of Surrey
- Longitudinal contact between students, a person living with dementia and their carer
- Visit family in their own home
- Pairs of students visit 3 times per year for 2 years
- Aim to improve knowledge, attitudes and empathy towards people with dementia

INDEED:

Involving people with Dementia in the
Education of healthcare professionals

A new way of listening

Dr Sam Robertson, Dr Stephanie Daley and Julia Fountain

INDEED: Aims of the study



- ▶ Aim 1: To understand the experiences of people with dementia in the Time for Dementia programme
- ▶ Aim 2: To explore more effective ways of capturing the experiences of people with dementia in research studies

If the person with dementia wishes to keep the film of their TfD visit, they can....

It is their film



Involving People with Dementia



- ▶ We wanted to make sure that people living with dementia were involved to guide and advise us in every stage of the study
- ▶ But how can we meaningfully work with people with Dementia without putting too high a burden on them?
- ▶ We asked the Cranbrook Forget-Me-Not Group run by and for people with Dementia for help

How it works



- ▶ The group were keen to be involved but were clear on some ground rules
- ▶ We agreed that I will attend the group and start with a coffee. I briefly explain the study and our role and then ask the group 2-3 specific questions
- ▶ So far, this has worked well with the group members saying they are enjoying the involvement and the study receiving useful advice



Any
Questions?

Contact details:

sam.robertson@sussexpartnership.nhs.uk
[@sam_recovery](https://twitter.com/sam_recovery)

s.daley@bsms.ac.uk