

JOB TITLE: ST4-6 in Child & Adolescent Psychiatry -
St George's Higher Training Scheme in Child and Adolescent Psychiatry

DIRECTORATE: Child & Adolescent Psychiatry

REPORTS TO: Consultant Psychiatrist, Dr Sarah James

LOCATION: The Aldringotn Centre , 35 new Church road, Hove

HOURS OF WORK: Whole Time

ON CALL RESPONSIBILITY: Yes

DBS DISCLOSURE REQUIRED: Yes

Weekly Timetable

This can be flexible according to trainees needs.

am	Monday	Tuesday	Wednesday	Thursday on call	Friday
	Clinical Work ASD pathway or school clinics LD	Clinical Work school clinics LD or clinic base	CAMHS Clinic work EIP monthly	Learning Disability (Child Development Centre) Supervision	Clinical work
pm	Seminar programme	Research	CAMHS Clinical Work	Clinical Work LD	Research

Setting, Age Groups & Population Served

Tier 3 CAMHS outpatient service for young people aged 0-18years in the urban area of Brighton and Hove area, serving a general population of about 250,000. We are a city with some pockets of severe deprivation on the Jarman index as well as a significant drug and alcohol problem for young people in the city

Currently there are 2 area multidisciplinary teams and a Specialist Learning Disability team. There are consultant sessions for Early intervention Psychosis, Youth offending team as well as opportunities for extra training in safeguarding and teaching. There are relative strengths in the service in relation to neuro-developmental problems. The service adheres to the CAPA (choice and partnership) model. There will be opportunities for the trainee to become involved in specialist work around the specific disorders (neuro-developmental, ADHD, ASD, depression, anxiety, conduct disorder, attachment disorder, eating disorder)

We are a teaching and training CAMHS with commitments to junior doctor training and medical school teaching programme.

Case Mix

Typically

Usual range of Child & Adolescent
Tier 3 mental health difficulties 0-18

Children with Intellectual Disability
(Child Development Centre at Brighton General)

Some

YOT referrals
Consultation to Fostering,
Adoption & Asylum Seekers
Team
Tier 4 interface work

Team Composition

Professions

Consultant Psychiatrists
Psychiatric Nurses
Clinical Psychologists
Family/Systemic Therapists
Art Therapists
psychotherapists
Occupational Therapist
Core Psychiatric Trainee

Close Links with

Community Paediatricians
(Child Development Clinic)
Children and Young Peoples trust.
Hospital Paediatricians
Social care and Health
Education

Special Interests

Educational Supervisor Dr Sarah James
Team CAMHS LD team

Opportunities for experience particularly in:
Neuro-developmental Disorders (ASD pathway)
Psychiatry of Learning Disability
Consultation to external agencies and multiagency working through LD team
With school clinics
Early intervention Psychosis
safeguarding
Teaching medical students
Management

Learning Opportunities

Established

General out-patient cases
Emergency assessments
Non-accidental self-harm
Learning Disability
Consultation and liaison
Family Therapy
Psychopharmacology
Behavioural Therapy
Teaching and supervision
Audit

Could be arranged

Research
Safeguarding

Management

Emergency duty work

You would be expected to join the CAMHS consultant daytime cover rota for a day a week by negotiation. This provides back up to the duty CAMHS worker. Out of hours you would join the CAMHS Sussex consultant telephone advice rota. (under Consultant supervision) there would be an expectation of going out to calls for mental health act work.

Facilities

The trainee will have access to appropriate clinical consulting rooms and a PC. Facilities for in depth physical examination are available at the Child Development Centre. Core textbooks will be available on site. In addition, there is access to library facilities at Brighton General Hospital and Sussex University Medical School.