

JOB TITLE: Higher Specialty Trainee (Inpatient and Acute services)

DIRECTORATE: WAMH Services

REPORTS TO: Dr James Mcloughlin

RESPONSIBLE TO: Clinical Director and Service Director,

PAY BAND:

LOCATION: **Oaklands Centre for Acute Care**, Chichester

HOURS OF WORK: F/T

ON CALL RESPONSIBILITY: 1:10 with consultant cover

DISCLOSURE REQUIRED: Yes

JOB OUTLINE: This post aims to provide the HST with experience in inpatient work, and the opportunity to network with a range of other acute services, such as the Crisis Response/Home Treatment Team, elderly services and the AOT. The philosophy of the Acute Services as a whole is one of empowerment for the individual, aiming to establish a partnership with patients and carers so that they can make informed decisions about the management of their illness.

The aim is to admit patients only when their needs cannot be met by these community-based services, and to use these other teams to facilitate early discharge. CRT has a gate-keeping role with all admissions. In-patient services are based at the Oaklands Centre for Acute Care in Chichester, a newly refitted 16 bedded inpatient unit. Patients who need special care PICU are admitted, Langley Green. Apart from the patients admitted from the working age teams, the ward is the admission unit for EIS patient, LD patients and AOT /rehab patients for the Western locality. The post therefore provides exposure to a wide variety of interesting clinical presentations. Good liaison with carers, community and specialist teams is clearly paramount. You would be working with an enthusiastic, dynamic and creative team, which includes OT, ward pharmacists, and psychological therapy input. Patients are encouraged to complete a WRAP. The Rehab service (Connolly House), OPMH admission wards, and Forensic Services are also situated on the Greylingwell site.

Dr Mcloughlin works with full time trainee (CT1) who provides day to day cover medical for the ward. There is also be a specialty grade doctor , Dr Isobel Fernandez, who works 5 sessions on the ward and 5 sessions with the Crisis Team.

The HST would be expected to take an active role with the inpatient teams, to develop both their clinical and leadership skills. There will be opportunities to work with the various teams already described. The post would appeal to someone wanting specific experience in the delivery of acute WAMHS services.

There will be the opportunity to carry out MHA work, in preparation to eventually become an Approved Clinician. There will be the chance to write Tribunal and Managers reports and represent the RC at hearings. The HST would gain experience in the application and use of CTO.

There is an active teaching programme based at the Centurion Mental Health unit, for trainees and career-grade staff. The post-holder will be expected to play a major part in planning and delivering the educational programme. Final year medical students from Southampton University and the Brighton and Sussex Medical School undertake clinical placements in the locality, and there are plenty of opportunities to acquire and develop teaching skills. Research would be encouraged.

The HST would be expected to assist in supervising the CT1 and to participate in assessment and assist in exam preparation.

MAIN DUTIES: The postholder will work closely with the consultant, to plan immediate patient care and to discharge plan. The post holder can also expect to supervise, support and give clinical advice to more inexperienced medical staff on the ward. The post can be modified to suit an individuals training needs.

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Research and special interest day	Inpatient/Community liaison meeting Bognor/complex case meetings	Ward work	Ward round	Supervision with Consultant. Supervision of juniors
p.m.	Research and special interest day	Liaison with CRT/risk assessment meeting	In-house teaching programme, Chichester	Admin work/ medical student teaching	Ward early discharge planning meeting

Objectives of Placement

- 1.To acquire experience, at a more senior level, in all aspects of in-patient management, and collaborating with other teams.
- 2.To use New Ways of Working to manage those with very complex clinical challenges in a multi disciplinary framework
- 3.To understand the nature of severe and enduring psychotic mental illness and to use a biopsychosocial model to empower people to live as independent a life as possible.
- 4.To understand the role of the different disciplines in the multi disciplinary team and the ways in which team working can enhance patient outcome. To enhance liaison between teams
- 5.To improve risk assessment and to use positive risk management strategies in complex cases, this may involve organising and participating in risk management meetings.
- 6.To understand the use of appropriate rating scales in managing long term mental health problems.
- 7.To increase competence and confidence in the pharmacological and psychosocial management of complex treatment and Clozapine in resistant cases.
- 8.Participation in a county wide on call service for West Sussex.
- 9.To work with and liaise with carers/ family members and outside agencies.
- 9.To build on educational work with junior trainees and medical students.