

## NIHR performance in initiating and delivering research: Sussex Partnership: Quarter 3 2017-2018

### Data for ICR: Clinical Trials HRA Approval

REC no	IRAS No	Name of trial	Date site Invited	Date site Selected	HRA Approval date	Date Site Confirmed by Sponsor	Date Site was Confirmed	Non-confirmation status	Date site ready to start	First Patient Recruited?	Date of First recruit	Delay Category	Source of Delay	Reason for Delay
16/NW/0757	212631	Caring For Carers (C4C): Pilot randomised control trial of Positive Written Disclosure for Older Adult Carers of people with psychosis	05/10/2016	15/11/2016	13/12/2016	11/01/2017	11/01/2017		11/01/2017	Yes	06/02/2017	H-Contracting Delays	Sponsor	Collaboration agreement between Sponsor and SPFT was delayed due to resourcing issues at Sponsor site.
N/A	210175	MindSHINE3: Investigation of well-being interventions in NHS staff	09/09/2016	14/12/2016	23/01/2017	25/01/2017	25/01/2017		25/01/2017	Yes	21/02/2017			
16/LO/1862	206680	SlowMo trial: a digital therapy for people who fear harm from others.	08/12/2016	27/03/2017	07/12/2016	27/03/2017	27/03/2017		12/04/2017	Yes	TBC	J- other	Both NHS and Sponsor	Feasibility Delay.
16/EM/0334	211013	The RESPECT Study (Randomised Evaluation of Sexual health Promotion Effectiveness informing Care and Treatment): a feasibility study of an intervention aimed at improving the Sexual Health of People with Severe Mental Illness	24/11/2016	17/01/2017	14/09/2016	17/01/2017	26/01/2017		26/01/2017	Yes	17/02/2017			
17/HRA/0030	215054	Randomised control trial of mindfulness-based self-help intervention for NHS employees	20/01/2017	20/01/2017	20/01/2017	20/01/2017	25/01/2017		25/01/2017	Yes	22/02/2017			
17/WM/0125	217819	ADIE to prevent development of anxiety disorders in autism - version 1	15/03/2017	15/03/2017	16/05/2017	16/05/2017	06/06/2017		06/06/2017	No		A-Permissions Delayed/denied	Neither NHS (host site) nor Sponsor.	Study delayed whilst trying to attain regulatory approval
Q1	224584	Randomised Controlled Trials of Mindfulness-Based and Cognitive Behavioural Therapy-Based (CBT-based) Courses to Improve NHS Staff Stress and Wellbeing with Participant Preference	25/05/2017	25/05/2017	31/05/2017	30/06/2017	30/06/2017		30/06/2017	Yes	12/07/2017			

Q2	17/LO/0596	220840	Low-Intensity Guided Help Through MINDfulness (LIGHTMind 2): A randomised controlled trial comparing supported Mindfulness-Based Cognitive Therapy self-help to supported Cognitive Behaviour Therapy self-help for adults experiencing depression	15/02/2017	10/05/2017	13/07/2017	02/08/2017	06/10/2017		06/10/2017	No	06/11/2017	A- Permissions Delayed/ Denied. G - No patients consented	There were delays in study set up. In addition recruitment has been harder than initially expected.	Both
Q3	17/SW/0172	224619	MIND4OCD: A Feasibility Study of Mindfulness-Based Cognitive Therapy adapted for Obsessive-Compulsive Disorder	06/07/2017	11/12/2017	25/10/2017	11/12/2017	20/12/2017		01/01/2018					