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Repeated Detention

Personality, Emergency Mental Health Care & Complex Needs Research Conference

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In collaboration with



Sussex Partnership

NHS Foundation Trust



Context...

- Repeated detention, sometimes with very high frequency, has received little previous attention
- Noted in our original Section 136 in Sussex study that ***a third*** of detentions were people being repeatedly detained

...& Aim

To improve understanding of repeated detention, including:

- the size of the issue beyond Sussex?
- what needs could be better met to reduce repeat detentions?

Methods

- Lived experience interviews
 - People repeatedly detained
 - Members of Lighthouse Recovery Support
- National police survey
 - & Local (Sussex, Surrey, Kent & Hampshire) collaboration
- Statistical analysis of Sussex detention data

Co-produced analyses with experts by experience in complex needs in emergency care

Findings

- Repeated detention is recognised around the country
- Services realise multi-agency work is essential
- Some promising practice involving the person in need in care planning

Crisis care (suicide intervention) is a crucial
but short-term measure.

Addressing the unmet needs that cause suicidal crises
has to become a bigger part of the picture.

What Next?



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Repeated Detention under Section 136 of the Mental Health Act (1983)

Summary of Initial Findings

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Research completed in collaboration with:
Sussex Partnership NHS
Wellcome Trust

Understanding of Repeated Detention under Section 136

The story emerging from the analysis so far...

What the statistics have said:
5136 is mostly used by the police as a suicide prevention tool for people who are not detained.

What the police have said:
The police use Section 136 as a last resort. It is not used for people who are not a risk to themselves or others.

What people with lived experience have said:
"Sometimes if I need it to feel safe I'll use it. It's not a punishment, it's a way of saying 'I need help'."

For further information, please contact Claire Warrington:
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Dedicated to Research

Thank you



Any
questions or
comments



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