

JOB DESCRIPTION

Job title:	Higher Speciality Trainee (ST4-ST6) in Early Intervention in Psychosis and Community Psychiatry
Hours:	F/T 40 hours per week (negotiable)
On Call:	Yes
Disclosure Required:	Yes – DRB
Service:	West Sussex Early Intervention in Psychosis Service (EIPS) And Chichester and Rural Assessment and Treatment Service
Location:	Chapel Street Clinic, Chapel Street, Chichester, West Sussex PO19 1BX
Reports to:	Dr Jean Sherrington, Consultant Psychiatrist
Accountable to:	Dr Tim Ojo, Medical Director
Job Outline:	This is a Speciality Trainee post-split between The Assessment and Treatment Service and Early Intervention in Psychosis Service

Introduction

Sussex Partnership NHS Foundation Trust was formed in April 2006 and provides mental health, learning disability and substance misuse services to the people of Brighton and Hove, East Sussex and West Sussex. We are part of a wider network of health and social care and are working in partnership with our staff, volunteers, education and other agencies. Close links have been developed with Brighton and Sussex Medical School.

The Trust is divided into three localities of East Sussex, Brighton and Hove and West Sussex. This post is in the West Sussex locality.

West Sussex has a total population of approximately 750 000. The West Sussex Early Intervention in Psychosis Service (EIPS) is made up of three teams based in Horsham, Worthing and Bognor Regis. There are also two teams in East Sussex and one in Brighton and Hove. Each team is multi disciplinary and works with young people aged 14 to 35 who are at risk of, or have recently developed a psychotic illness. The service supports people for up to three years and provides a range of biopsychosocial interventions to assist early detection, treatment, recovery and prevent relapse. The post holder will spend four sessions per week with the Early Intervention Team based at the Bedale Centre in Bognor Regis, West Sussex working with Dr Stephen Allen and four sessions per week based at the Assessment and Treatment Service Hub in Chapel Street, Chichester, West Sussex supervised by Dr Jean Sherrington.

Job Information

The post holder will be involved in the assessment and management of a wide range of youth early psychosis presentations under the supervision of the Consultant Psychiatrist. This post provides the Senior Trainee with an opportunity to gain experience of working in a specialist service with adolescents and young adults who may be or are experiencing a First Episode Psychosis. There is a significant evidence base to support the interventions used to promote recovery in this patient population that includes medication, psychological interventions and family work. There is also an opportunity to gain experience in assessing developmental disorders such as Autistic Spectrum Conditions as presenting in young people. Comorbid conditions including substance misuse and mood/anxiety disorders are the norm.

The ST4-ST6 psychiatrist will have opportunity for clinical audit and involvement in research activity being undertaken by the service if desired. The research programme within EIPS is governed by SPRiG (Sussex Psychosis Research Interest Group) and the EIPS RAGG (Research and Audit Group). We have recently be joined by Professor David Fowler as our new Professor of Youth Mental Health who has an extensive track record in youth and psychosis research. There are currently two major national research studies running in EIPS and a number of smaller studies. There is a strong clinical-academic focus within the Sussex EIPS.

Secretarial Support, computer access and office accommodation will be available at each team base. As per Trust policy medical staff are encouraged to 'hot desk' and will not be allocated an individual office unless performing direct clinical duties.

The Chichester and Rural Assessment and Treatment Service provides an ageless community service for people of 18 and over. The base is at Chichester with satellites in Midhurst and at the Bedale Centre in Bognor Regis. The post holder will be involved in the assessment and management of a wide range of mental health problems. There is close liaison with our local Crisis Resolution Home Treatment Team and the acute inpatient unit situated at the Oaklands Centre for Acute Care in Chichester.

There is an active teaching programme based at the Centurion Mental Health unit, for trainees and career-grade staff. The post holder will be expected to play a major part in planning and delivering the educational programme. Final year medical students from Southampton University and the Brighton and Sussex Medical School undertake clinical placements in the locality, and there are plenty of opportunities to acquire and develop teaching skills. Dr Amaladoss is also College Tutor, and has a major interest in medical education in the Trust.

Medical Staff

There are 2.9 whole time equivalent Consultant Psychiatrists based at the Chapel Street Clinic in Chichester and 2 whole time equivalent Consultant Psychiatrists at the Bedale Centre in Bognor Regis. Dr Allen works for four sessions within the Early Intervention Service. In addition one consultant post provides specialist later life input across the service. In addition there are separate teams working in Living with Dementia and the Memory Assessment Service. There is junior support, 3 trainee doctors at the Chapel Street base and 2 at the Bedale Centre.

Responsibilities

The post holder will be responsible to the Consultant within the Assessment and Treatment Service for fulfilling the following duties:

Good medical care

To provide a clinical assessment, including relevant psychiatric and physical investigation.

In conjunction with other members of the Multidisciplinary Team to plan and deliver appropriate individually tailored treatment plans.

To regularly review and monitor patients' treatment progress (including physical health and results of physical/laboratory investigations).

To keep accurate appropriate and up-to-date medical and administrative documentation including computer medical records.

To liaise closely with other relevant professionals and organisations including non-statutory services, adult psychiatric services, CAMHS, general practitioners, medical colleagues, Social Services, Education and Prison Services.

To operate within guidelines, policies and procedures relevant to the post.

To provide clinical advice, liaison and consultation as required to colleagues in primary care, community services and acute specialities in line with New Ways of Working.

To contribute to regular communication and correspondence with other agencies (e.g. GP letters, discharge summaries etc.)

When necessary, covering duties of the colleagues and other junior medical staff, in order to ensure continuity of medical care.

To provide guidance and support to newly appointed and less experienced medical colleagues.

The post holder should also accept that he/she might be required to perform duties in occasional emergencies and unforeseeable circumstances at the request of the appropriate Consultant in consultation with colleagues.

Maintaining good medical practice

All medical staff are expected to participate in continuing professional development, annual appraisal and revalidation.

Relationships with others

To work in partnership with users and carers so that they are fully involved in, and empowered to make decisions about their treatment and care.

Establish good communication and effective working relationships with all relevant agencies in relation to individual patients and service development.

Training and Educational Supervision

The post holder will receive the advantages of clinical and educational supervision from their Consultant Psychiatrist.

The post holder will be expected to attend internal CPD education on Wednesday afternoons.

The post holder would also be given study leave for courses recommended by the Lead Consultant to advance their knowledge of the role being undertaken.

Audit and health and social care governance

The post holder will be expected to participate in the clinical audit meetings as well as to participate in clinical audit and other health and social care governance activity.

Service Development

The EIPS is constantly undergoing change and there may therefore be a need to redefine an individual's working responsibility at a future date. If such conditions did arise this, of course, would be done in consultation with the post holder.

On-Call – as per locality senior rota as Section 12 Approved Psychiatrist with Consultant cover.

Timetable

	MON	TUES	WEDS	THURS	FRI
AM	CLINIC CHAPEL STREET- ATS	09:00 MDT MEETING EIS- BEDALE 10:30 WARD LIAISON/ ADMIN/TEACHING	09:30 – 11:00 MDT MEETING ATS – CHICHESTER ADMIN	CLINIC EIS BEDALE CENTRE/ CHAPEL STREET	RESEARCH / SPECIAL INTEREST
PM	POSSIBLE DVS/ WARD LIAISON 16:00 SUPERVISION WITH ATS CONSULTANT	CLINIC EIS EITHER BEDALE OR CHAPEL STREET	IN HOUSE TEACHING PROGRAMME – CHICHESTER	ADMIN / AUDIT MEDICAL STUDENT TEACHING	RESEARCH/ SPECIAL INTEREST

If desired the post holder could spend their special interest session to increase the time within the Early Intervention Service.