End of Year Report

- Awarded grants to conduct high quality research studies
- Recruited participants into high quality research studies
- Implemented research findings into clinical practice
Applied Research Collaboration
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NIHR league table for 2018/19 to be published!

PARTICIPANTS

This is equivalent
2,383
to participants per day.

870,250
participants took part in
clinical research across
England this year.

46,064
participated in
commercial studies.

An increase of over 140,000
since 2017-18.

Patients from 100% of NHS Trusts in England took part in NIHR supported studies this year.

100%
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All in the Mind

Preventing anxiety, CALMTown, Air pollution and psychosis
1 day ago 28:32

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Claudia finds out about a new approach to childhood anxiety - an intervention for anxious parents to help them manage their own fears and how they impact their parenting. She meets parents on the course and talks to Professor Sam Cartwright-Hatton from Sussex University who explains what can be done to help prevent mums and dads transmit their own fears to their children. Pamela Qualter from Manchester University discusses new findings on what predicts mental well-being in children. After several suicides in St Ives in Cambridgeshire, residents decided to prioritise mental health and make it a place where people are encouraged to open up about their feelings in the pub, barbers and even at Pilates. Olivia Crellin reports. Also in the programme, research has found that people who live in areas of high air pollution experience more psychosis. But why and what might be the mechanism? Pamela Qualter discusses.
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...but what about the journey of our patients through research?
Patient Research Experience Survey (PRES)

How did you hear about the research study?

What happened within the study?

What was your experience of the study?

Would you take part in future studies?
(2) I had a good experience of taking part in the research study.
...but...also lowlights!

A note on Research Governance: There are also some more worrying comments which suggest poor or negligent compliance with Research Governance practice. Whilst these are very few they are never-the-less critical and if accurate, should not happen at all if proper Research Governance procedures are followed.

For example:

“I opted for medical management of an ectopic pregnancy, and was told I had to be part of the trial or go to a different hospital. I disagree with this and strongly feel I should have had the option not to be in the trial and still be treated at XX. The trial leaflet clearly states that choosing not to be in the trial would not affect my treatment.”

“I felt quite pressurised to take part and the researcher who was recruiting to the study was hovering around me. I expressed ambivalence about taking part because I needed to get to work but I didn’t feel that they registered this. I felt that my clinical care was organised around making sure that I took part in the study.”
PRES – regional picture

Why respondents participated

- To help others: 34.2%
- To help improve my condition: 25.1%
- To understand more about my condition: 16.0%
- Interested in research itself: 15.1%
- Doctor recommended: 6.8%
- Other: 3.0%
- I felt pressured: 2.0%
Participant Responses to core questions 2018/19

Overview of Responses 2018-19

- Knew organisation was involved in research: 38% Agree, 62% Disagree
- Research is a normal part of NHS healthcare: 85% Agree, 15% Disagree
- Enough decision time: 88% Agree, 12% Disagree
- Research information easily understood: 95% Agree, 5% Disagree
- Research staff answered questions: 96% Agree, 4% Disagree
- Staff contactable to answer questions: 92% Agree, 8% Disagree
- Knew what to expect at research appointments: 87% Agree, 13% Disagree
- Felt valued: 93% Agree, 7% Disagree
- Knew could withdraw at any time: 97% Agree, 3% Disagree
- Friendly and professional staff: 100% Agree, 0% Disagree
PRES – local learning and how to do better!