

<b>JOB TITLE:</b>	Specialist Registrar (ST 4-6) in Rehabilitation and Recovery and Assertive Outreach
<b>DIRECTORATE:</b>	Working Age Mental Health Services
<b>REPORTS TO:</b>	Dr Claire Tanner Consultant Psychiatrist
<b>RESPONSIBLE TO:</b>	Lead Clinician Working Age Mental Health Services
<b>PAY BAND:</b>	
<b>LOCATION:</b>	The Bedale Centre, Glencathara Rd. Bognor Regis
<b>HOURS OF WORK:</b>	F/T
<b>ON CALL RESPONSIBILITY:</b>	Yes
<b>DISCLOSURE REQUIRED:</b>	Yes
<b>JOB OUTLINE:</b>	

The post holder will have an almost unparalleled opportunity to work with people who suffer major psychotic mental illness. This includes those with recently diagnosed Schizophrenia through to those with very chronic problems. Many are treatment resistant and have compounding challenges.

The medical team consists of F/T Consultant Psychiatrist, The Post Holder, Associate Specialist doctors (both Section 12(2) Approved, who job share a full time post) a CT trainee. These are well functioning vibrant services with a good multidisciplinary mix who “team work” to support people with chronic severe psychotic mental illness.

### **Rehabilitation and Recovery**

The philosophy of the Rehabilitation services as a whole is one of empowerment for the individual, aiming to establish a partnership with patients so that they can make informed decisions about the management of their illness. We aim to increase patient autonomy by giving them the personal resources to live as independent a life as possible. The rehabilitation team operates out of a purpose-built 15 bedded rehabilitation inpatient support unit for very complex patients, often with substance misuse and / or forensic issues.

### **Assertive Outreach**

This team offers intensive support to patients with severe and enduring mental illness, who have a history of multiple admissions increased risk and poor engagement with services. The caseload includes people with severe psychotic mental illness often treatment resistant, and frequently complicated by forensic and substance abuse problems. They offer weekend support aiming to maximise patient satisfaction and wellness, and reduce hospital admissions. The team have a strictly limited caseload and criteria for entry and discharge from the service.

## Acute Inpatients

The Trust uses a “Functional Model” so the acute inpatients and those on PICU are managed under other consultant care, however liaison and in-reach are core to the Assertive model of working. The teams use the acute inpatient beds to manage exacerbations of illness where the Rehab ward is less appropriate. This gives the post-holder the chance to help to manage very complex psychotic patients in an acute inpatient setting and to work in conjunction with their community teams to manage risk and keep admissions to as short a duration as is practical and safe.

### MAIN DUTIES: Example time table

	MON	TUES	WED	THURS	FRI
A M	REHABILITATION WARD REVIEW	SPECIAL INTEREST	REHABILITATION WARD REVIEW	ASSERTIVE OUTREACH	ASSERTIVE OUTREACH
P M	COMMUNITY WORK	RESEARCH	IN HOUSE TEACHING	INDIVIDUAL SUPERVISION  AOT TEAM SUPERVISION	ADMIN

There is an AOT clinical meeting every lunch time for the daily clinical update

There is an active teaching programme based at the Centurion Mental Health unit, for trainees and career-grade staff. The post holder will be expected to play a major part in planning and delivering the educational programme. There are plenty of opportunities to acquire and develop teaching skills. Teaching opportunities exist with medical graduates, undergraduates and other disciplines.

### Objectives of Placement

To use New Ways of Working to manage those with very complex clinical challenges in a multi disciplinary framework

To understand the nature of severe and enduring psychotic mental illness and to use a biopsychosocial model to empower people to live as independent a life as possible.

To understand the role of the different disciplines in the multi disciplinary team and the ways in which team working can enhance patient outcome. To enhance liaison between teams

To learn to help people across what is often a lifetime struggle and to appreciate the different approaches that may be needed at different phases of their illness

To improve risk assessment and to use positive risk management strategies in very complex cases where certainty is hard to find.

To understand the use of appropriate rating scales in managing long term mental health problems

To increase competence and confidence in the pharmacological and psychosocial management of complex treatment and Clozapine resistant cases.